Did you know?

- VA San Diego Healthcare System has created child friendly waiting rooms in Mission Valley, Oceanside and La Jolla’s primary care clinics. Coloring books, crayons, books and a small table and chairs were donated by the American Legion Auxiliary-Pacific Beach Unit 552!

- Want to meet other women Veterans? Check out the San Diego Women Veterans Network MeetUps link https://www.meetup.com/San-Diego-Veteran-Womens-Networking-Meetup/

The VA San Diego has started a Food Empowerment Program to enhance the lives of veterans by meeting a basic human need, and to empower veterans in self-sufficiency long-term by connecting them to food resources in their community. Dieticians and social workers in the Oceanside and Escondido PACT clinics will assess Veterans for food insecurity and can provide one-time emergency food assistance (a bag of assorted groceries) to those who qualify. The Veteran will also be provided with ongoing resources in their community to educate them about sustainable food resources and government support programs. This program is a coordinated effort between VA San Diego, the San Diego Food Bank and Us 4 Warriors. If a Veteran would like education, resources or assistance purchasing groceries, they can schedule an appointment with their social worker or dietician.