My HealtheVet—VA’s Online Personal Health Record

My HealtheVet is VA’s award-winning online Personal Health Record (PHR), located at www.myhealth.va.gov. It offers users anywhere, anytime internet access to trusted and secure health care information, resources, and tools. My HealtheVet is the gateway to web-based tools that empower Veterans to become active partners in their health care. With My HealtheVet, users access trusted, secure, and informed VA health and benefits information at their convenience.

Register Today! Start Here

1 Type www.myhealth.va.gov in the address bar on your web browser, and press Enter. This takes you to VA’s My HealtheVet website.

2 On the right-hand side of the screen, click the Register Today button. Complete the registration page, and review and accept the Terms & Conditions and the Privacy Policy for using the My HealtheVet website.

3 Log into your My HealtheVet account and begin to create your PHR.

4 Begin using My HealtheVet to access VA health care and services at your convenience to better manage your health. If you are a VA patient, take some time to watch the In-Person Authentication (IPA) video online.

5 Bookmark www.myhealth.va.gov as a favorite. If you are a VA patient, get an upgraded account during your next VA clinic visit to get the most out of your PHR.

Wellness Reminders

VA Wellness Reminders provide patients customized, online health reminders. VA patients, who have completed the one-time In-Person Authentication (IPA) process, can also use this My HealtheVet (www.myhealth.va.gov) feature to partner with their VA health care providers. VA Wellness Reminders follow current guidelines and recommendations for good care and also provide links to related patient education materials on My HealtheVet.

To access all of the new My HealtheVet features that will enhance your Personal Health Record, take a few minutes to complete In-Person Authentication called IPA at your local VA facility. IPA is required to get VA Wellness Reminders. With IPA, you get the most out of your My HealtheVet Personal Health Record. Your information is safe-guarded according to VA privacy regulations, and you will receive new online My HealtheVet features when they become available.

VA Wellness Reminders include:

- Colorectal cancer screen
- Influenza (Flu)
- Pneumococcal (Pneumonia)
- Hypertension (High blood pressure)
- LDL control (Cholesterol)
- Lipid measure (Cholesterol)
- Body Mass Index

For people with diabetes:

- Diabetes foot exam
- Diabetes hemoglobin A1c
- Diabetes retinal exam

For women:

- Cervical cancer screen
- Mammogram screen

What are the benefits of using My HealtheVet Wellness Reminders?

- Alerts you to important tests, examinations, or other medical procedures to protect your health
- Helps you remember important health information
- Allows you to be more involved in your own health care

How VA Patients can access VA Wellness Reminders:

- Register as a My HealtheVet user and complete the In-Person Authentication process
- Login to your My HealtheVet account
- Click on the red “GET CARE” tab
- Click on the light blue “Wellness Reminders” tab