VA San Diego Healthcare System

Important Phone Numbers

VETERANS CRISIS LINE
1-800-273-TALK (8255) Press “1” for Veterans.
- For more information go to www.veteranscrisisline.net

URGENT MENTAL HEALTH CARE SERVICES
- Psychiatric Emergency Clinic (PEC): 1-858-642-3654 or 1-800-331-VETS (8387) EXT 3654
- 2nd floor 8:00 a.m. to 4:00 p.m. or the Emergency Department at any other time

APPOINTMENTS
- Appointment Scheduling, Cancellations, or Messages to Providers: 1-800-331-VETS (8387)
- To view appointments on-line go to www.myhealth.va.gov

TRANSPORTATION
- If you qualify for VA travel to your appointment, call 2 weeks in advance: 1-858-552-8585 EXT 7470 or 1-800-331-8387 EXT 7470

VA TELECARE NURSE ADVICE LINE
1-877-252-4866
- 24 hours a day/7 days a week
- Answers questions and advises on health concerns
- Quick and easy way to find out if you need to see your health care provider

MEDICATION QUESTIONS
1-800-331-VETS (8387)
- 24 hours a day/7 days a week
- My HealtheVet Prescription refills on-line go to www.myhealth.va.gov
- Refills/Renewal: If you have 0 refills, you can send a request by the refill phone number to your provider to have your medications renewed. Not all prescriptions can go through this option.
- Please allow 14 days for refills to arrive

WOMEN VETERANS OUTREACH PROGRAM
1-800-984-3147
- Comprehensive primary care, gynecology and obstetrics services
- For more information go to www.womenshealth.va.gov

GUIDE TO VA HEALTHCARE
VA Health Resources Center:
1-877-222-8387
- Locations of closest medical centers
• Billing, collections, insurance
• How to reach regional center
• To file a disability claim
• To get more information about other VA benefits
• To speak to a representative (5:00 a.m. to 5:00 p.m. PST)

MY HEALTHEVET
Online Health Care Information
1. Register online for an account
2. Upgrade your account with In-Person Authentication
3. Log in and go to the red Secure Messaging tab to "Opt-In" to use secure email
For details, visit www.sandiego.va.gov/patients/myhealthevet.asp

BENEFITS & SERVICES
Veterans Service includes Health Care from the Veterans Health Administration (VHA), Benefits & services from the veterans Benefits Administration (VBA) and Burial & Memorial from the VA National Cemetery Administration (VCA). VHA, VBA & VCA provide separate service.

• VHA provides services that are directly related to your healthcare needs.
  1-877-222-8387

• VBA provides benefits and services that are directly related to financial and other assistance for Veterans, dependents & survivors. Major benefits include compensation, pensions, survivor’s benefits, rehabilitation and employment, disability ratings, education, loans, life insurance, and aid & attendance.
  1-800-827-1000

• VCA provides benefit services interment, headstones, markers and Presidential memorial certificates. For more information go to www.va.gov
  1-800-697-6947

RETURNING SERVICE MEMBERS (OEF/OIF/OND)
1-866-400-1237
• Healthcare eligibility for 5 years
• Veterans have 5 years from their days of discharge to receive free VA medical care for any service related condition.
• You may be eligible, call
  1-858-642-6284 or 1-800-331-VETS (8387) EXT 6284 for details

NATIONAL CALL CENTER FOR HOMELESS VETERANS HOTLINE
1-877-424-3838 (4AI D-VET)
24/7 Hotline
• Information and assistance to Veterans and their families who are homeless or at risk for homelessness