VA SAN DIEGO HEALTHCARE SYSTEM
PAIN FORMULARY
RESTRICTED DRUGS IN ITALIC

ALGESICS (topical)
Capsaicin 0.025%, 0.1% cream (60g)
Lidocaine 4% cream (30g), 5% oint (35g)
Lidocaine/Prilocaine 2.5%/2.5% cream (30g)
Menthol/M-Salicylate 10%/15% cream (90g)

ANTICONVULSANTS (oral)
Carbamazepine 100, 200mg tabs
Gabapentin 100, 300, 400mg caps
600, 800mg tabs
Topiramate 25, 50, 100, 200mg tabs

ANTIDEPRESSANTS - SNRI (oral)
Duloxetine 20, 30, 60mg caps
Venlafaxine 24hr SA 37.5, 75, 150mg caps

ANTIDEPRESSANTS - TCA - SECONDARY AMINE (oral)
Desipramine 10, 25, 50mg tabs
Nortriptyline 10, 25, 50mg caps

ANTIDEPRESSANTS - TCA - TERTIARY AMINE (oral)
Amitriptyline 10, 25, 50mg tabs
Imipramine 10, 25, 50mg tabs

ANTIEMETICS (oral)
Chlorpromazine 25, 50, 100, 200mg tabs
Metoclopramide 10 mg tabs
Ondansetron 8, 8mg tabs
Prochlorperazine 5, 10mg tabs
Promethazine 25, 50mg tabs

ANTIEMETICS (rectal)
Prochlorperazine 25mg supp
Promethazine 25, 50mg sup

BETA BLOCKERS - SELECTIVE (oral)
Atenolol 25, 50, 100mg tabs
Metoprolol tartrate 25, 50, 100mg tabs
Propranolol IR 10, 20, 40, 80mg tabs
Propranolol SA 60, 80, 120, 160mg caps

CALCIUM CHANNEL BLOCKERS - NON-DHP (oral)
Diltiazem 24hr 120, 180, 240, 300, 360, 420mg caps
Verapamil SA 120, 180, 240mg tabs

MUSCLE RELAXANTS (oral)
Baclofen 10, 20mg tabs
Cyclobenzaprine 10mg tabs
Methocarbamol 500, 750mg tabs
Tizanidine 2, 4mg tabs

NSAIDS (oral)
Ibuprofen 200, 400, 600, 800mg tabs
Naproxen 250, 375, 500mg tabs

1st line: Meloxicam 7.5, 15mg tabs
2nd line: Celecoxib 250, 500mg tabs
2nd line: Diclofenac Na 25, 50, 75mg tabs
2nd line: Indomethacin 25, 50mg tabs
2nd line: Nabumetone 500mg tabs
3rd line: Etodolac 200, 300mg caps
3rd line: Sulindac 100, 200mg tabs
4th line: Piroxicam 10, 20mg caps
5th line: Salsalate 500, 750mg tabs

PAIN

OPIOIDS (oral)
Codeine 15, 30, 60mg tabs
Codeine/APAP 15/300, 30/300, 60mg/300mg tabs
Fentanyl 12, 25, 50, 75, 100 mcg/hr patch
Hydrocodone/AP 5/325, 5/375, 10mg/30mg tabs

1st line: Sumatriptan PO 25, 50, 100mg tabs
2nd line: Zolmitriptan ODT 2.5mg, 5mg tabs
3rd line: Rizatriptan ODT 5mg, 10mg tabs
3rd line: Sumatriptan nasal 20mg/spray
4th line: Sumatriptan injection 2.5mg, 5mg tabs
4th line: Zolmitriptan nasal 5mg/spray

1. Restricted to 21 tabs per Rx
2. Dispensed by quantity of 12
3. Restricted to 14-day supply with no refill (SCI & Anesthesia exempt)
4. See VA criteria for use: http://go.va.gov/z7oh
5. For analgesic use only
6. Limit 6/30 days or 18/90days

Prescribing Guideline
All Choice Program prescriptions require a Choice Network Provider Authorization form.
Other agents may be available, but are restricted to VA criteria for use.
For restricted medications in italic and those restricted to VA criteria for use, please annotate rationale for use.
For national VA criteria for use: http://www.pbm.va.gov/clinicalguidance/criteriaforuse.asp

Controlled Substances Prescribing Guideline
Paper prescriptions are required for Schedule II medications. Paper and fax prescriptions are acceptable for Schedule III-V medications.
Controlled substance prescriptions must be in compliance with California law.
Max morphine equivalent dose that can be prescribed without prior approval from VASD is 90mg/day for non-malignant pain.
VA/DoD guidelines: http://www.healthquality.va.gov/guidelines/Pain/cot/

VA San Diego Outpatient Pharmacy
Hours: Monday to Friday 8:30am to 6:30pm.
Closed on weekends & federal holidays.
Phone number: 858-229-7209
Fax number: 858-552-7522

VA SAN DIEGO PROHIBITS THE DISTRIBUTION OF SAMPLES TO PATIENTS

Update 6/2017