UCSD/VA Psychology Internship 
Training Program 
2016-2017 Applicant Manual 

Department of Psychiatry 
University of California, San Diego 

Co-Directors 
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VA San Diego Healthcare System 
UCSD Outpatient Psychiatric Services 
Children’s Hospital Outpatient Psychiatry 
Rady Child and Adolescent Inpatient Psychiatric Services 
UCSD Medical Center 
UCSD Intensive Outpatient Eating Disorders Program
Dear prospective applicant,

Thank you for your interest in the UCSD/VA Psychology Internship Training Program! In the following pages, you will find detailed information about our internship, including clinical training, didactic experiences, research opportunities, our faculty, and application instructions.

Our program is based on the scientist-practitioner model. As such, we seek competitive applicants interested and experienced in both research and clinical practice, particularly those seeking academic careers. Clinical training and didactic experiences integrate cutting-edge evidence-based techniques with a foundation of established empirically-supported treatments and assessment. We also recognize the importance of diversity represented by our trainees and faculty, as well as in our patients. We encourage those of diverse backgrounds, in all the many ways that diversity is defined, to apply to our program.

Our full-time internship has been accredited by the APA since 1986. For the 2016-2017 training year, we are offering 20 Internship Positions at a salary of $26,080 with competitive benefits including health insurance, paid leave days, and paid holidays.

Each of our 20 Positions is comprised of two half-time year-long placements. Inside our brochure, you will find a list of these 20 Positions and the placements associated with them, as well as detailed descriptions of each placement and the supervising faculty. Placement combinations are fixed and cannot be changed from what is listed here.

While you do not need to have extensive experience in both placements of the Position(s) you rank, we do value goodness-of-fit with at least one of the placements within a given Position when selecting applicants for interviews. Please keep in mind that non-US citizens are not eligible to be hired for any Position where all included placements are within the VA due to restrictions on federal funding.

All applications must be submitted online via the APPIC portal. While the portal permits applicants to choose Positions of interest, please clearly indicate in your cover letter no more than three Positions for which you would like to be considered.

For more information, please see our website (http://psychiatry.ucsd.edu/education/Programs/Pages/psychology-internship.aspx) or feel free to contact us with questions. We wish you luck in the application process!

Sincerely,

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SECTION 1: OVERVIEW

The UCSD/VA Psychology Internship is a collaboration between the UCSD Department of Psychiatry, the VA San Diego Healthcare System (VASDHS) Psychology Service, UCSD Outpatient Psychiatric Services, UCSD Medical Center, UCSD Intensive Outpatient Eating Disorders Program, Rady Children's Hospital Outpatient Psychiatry, and Rady Children's Hospital Child and Adolescent Inpatient Psychiatric Services. We offer a 12-month, full-time, APA-approved pre-doctoral internship in clinical psychology. The program begins each year on July 1. For 2016-2017, the salary is $26,080 for 2080 hours of training. Our program trains doctoral candidates to function as autonomous professionals in a variety of health care settings, with particular emphasis on the role of the psychologist in a sophisticated university-affiliated teaching and research hospital, adult or child outpatient, and inpatient child and adolescent psychiatric settings.

Our Internship emphasizes the Boulder, Scientist-practitioner model of training in psychology and, as such, seeks applicants who desire research-oriented academic careers and have demonstrated experience in research. There are approximately 40 licensed psychologists who serve as supervisors for the Internship, most of whom have ongoing research programs in addition to their clinical work. We especially seek to recruit a diverse internship class as a reflection of our strong commitment to achievement of excellence and diversity among our faculty, staff, and trainees. We are, therefore, interested in applicants who are committed to the highest standards of scholarship and professional activities, and to the development of a climate that supports equality and diversity.

The Internship is comprised of 20 Positions, each of which includes at least two, year-long placements (see Section 2). Applicants may apply to up to 3 Positions and are requested to list their Positions of interest in their cover letters.

Our Faculty

Nearly all of our primary supervisors in the UCSD/VA Psychology Internship Program have academic appointments in the University of California, San Diego Department of Psychiatry, and many hold joint appointments with the VA San Diego Healthcare System. Section 5 lists a brief bio for each of the approximately 40 doctoral level psychologists who serve as Internship Supervisors. Psychologists in all settings are engaged in and are rewarded for patient care, professional training, and clinical research or program evaluation. Collectively, the faculty has many ongoing research grants and has published a great number of articles, books, and book chapters.

Objectives, Goals and Core Competencies

We aim to facilitate the development of competent professional psychologists who are ready to assume the responsibilities of an entry level doctoral psychologist position. Our internship training is directed toward developing six basic core professional competencies, as follows:

- **Assessment, Diagnosis, and Consultation**: Conducting clinical interview-based assessment and in administering and interpreting basic intellectual assessment, cognitive, and personality assessments; making accurate diagnoses; communicating results and recommendations clearly and
concisely, both orally and in writing.

- **Intervention and Treatment:** Conducting individual and group psychotherapy across a variety of problems and populations; knowledge of empirically supported therapeutic approaches for specific mental disorders.

- **Supervision:** Understanding of methods and theories of supervision; supervising other trainees under the supervision of members of the psychology faculty.

- **Professional and Ethical Behavior:** Sound professional clinical judgment and behavior in assessment and treatment procedures; understanding of professional and legal standards in professional psychology, including APA ethical standards.

- **Cultural Diversity:** Understanding of and sensitivity to human diversity issues in the practice of psychology; familiarity with empirical findings pertaining to diversity issues in assessment and treatment.

- **Scholarly Inquiry and Application of Scientific Knowledge:** Understanding and knowledge of strategies of scholarly inquiry; awareness of current literature on evidence-based practices; competency in reviewing and integrating relevant scholarly literature to assist in clinical problem solving.

**Clinical Activities**

The internship is designed to offer a broad range of experiences to develop these core professional competencies. Interns have a shared responsibility in designing and planning the internship experience in collaboration with their primary supervisors, Program Co-Directors, and the Psychology Internship Training Committee (PITC). This process is intended to ensure that the intern's training plan is integrated with the intern's overall graduate or professional school training plan, and that the internship provides a coherent progression from the basic knowledge and practical clinical skill competencies achieved in the academic program to the core practice competencies that are to be acquired in the internship. The 12-month training year begins with an Orientation Week in which interns receive a thorough introduction to their assigned training sites and discuss their previous training and career goals with their faculty supervisors. They then jointly develop individualized training plans for the remainder of the year.

Opportunities for the interns range from diagnostic evaluations and neuropsychological assessments to brief crisis oriented therapy to individual and group evidenced-based psychotherapy. Training is available in a variety of therapeutic modalities, including individual, marital, family, and group. Our program emphasizes evidence-based treatments, and supervision is available in many psychotherapies, including cognitive-behavioral interventions, motivational interviewing, several trauma focused interventions (e.g., Prolonged Exposure, Cognitive Processing Therapy) and third wave interventions (e.g., Acceptance and Commitment Therapy, mindfulness). Assessment opportunities also vary depending on site and supervisor, but all interns will complete at least eight integrated written assessments. Please see Section 2: Internship Sites, Positions, and Placement Descriptions for more details.
Seminars

All interns are required to attend the weekly Psychology Internship Seminar Series and each will present at least one case at this seminar during the course of the year (see Section 4 for an example schedule). Many other seminars are available and may be elective or required depending on the intern’s placements. It is generally expected that interns will spend three to four hours per week in didactic activities.

Supervision

Quality supervision is emphasized in our program. All interns will receive at least one hour of individual, face-to-face supervision each week in each placement. Interns will also receive at least one additional hour of supervision, often in the context of group supervision and/or team meetings in each placement. Supervision may include review of audio or video taped therapy sessions, depending on the capabilities of the specific clinics. Furthermore, many placements will include co-therapy with faculty or other senior therapists to allow for in vivo supervision.

Research

Intern applicants who have demonstrated interest in a research-oriented academic career are heavily recruited by this program. Although active research involvement is not a requirement of the internship, interns may elect to involve themselves in research activities during the internship year. Interns often choose to join any number of ongoing clinical research projects, to initiate an approved and sponsored project on their own, or to continue to work on their dissertations. Please note, though, that no participation in research will be allowed until an intern has defended his or her dissertation. The vast majority of our internship graduates go on to obtain research and/or teaching oriented fellowships and positions in academic settings, many of them right here at UCSD.
SECTION 2: INTERNSHIP SITES, POSITIONS, AND PLACEMENT DESCRIPTIONS

Organization of the Training Program

The Department of Psychiatry has developed six primary sites for the provision of training in clinical psychology:

1. The VA San Diego Healthcare System (VASDHS)
2. UCSD Outpatient Psychiatric Services
3. Children's Outpatient Psychiatry of Rady Children's Hospital
4. Rady Child and Adolescent Inpatient Psychiatric Services (CAPS)
5. UCSD Medical Center
6. UCSD Eating Disorders Center for Treatment and Research

Currently, the UCSD/VA Psychology Internship Program provides training experiences at all six affiliated sites. The Program is governed by The Co-Directors with the assistance of the Psychology Internship Training Committee (PITC). The PITC is comprised of the primary supervisor(s) from each placement and two Chief Interns. Additionally, the PITC Executive Committee consists of 5 senior faculty plus the Training Co-Directors.

For the 2016-2017 training year we have funding for 20 full-time Internship Positions. Each Position is comprised of two or three year-long placements in which the intern will gain his/her training experience. Some interns will have placements at the VASDHS and one of the UCSD sites while most positions are situated entirely at UCSD or the VA. Each of the 20 Positions has a separate APPIC match number. When an applicant matches to the UCSD/VA Psychology Internship, he/she will match into a specific Position, and therefore into a fixed combination of year-long placements for the upcoming training year. The placements in each Position are fixed for the training year and cannot be changed or substituted with another placement. The placement combinations for each of the 20 Positions for the 2016-2017 training year are listed on the following page. When applicants apply to the program, we will request that they indicate their top 3 Positions of Interest. This will help ensure that the appropriate faculty review relevant applications.
## POSITIONS FOR THE 2016-2017 TRAINING YEAR

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<tr>
<th>Placement A</th>
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Placement Descriptions

Each internship placement has its own unique set of opportunities and responsibilities, and a single placement may take place at more than one site. A description of each placement follows. However, the intern plays a fundamental role in formulating his or her training program, and should be highly independently motivated in order to delineate desired internship experiences. A unique strength of the UCSD/VA Psychology Internship Program is its commitment to providing the intern with a well-rounded clinical experience while remaining flexible with regard to the intern's specific needs and interests. Because of the diversity of available experiences, there is no "typical" schedule for an intern. However, interns are expected to maintain a case load in each placement that provides 12-14 hours of direct service each week. The remaining hours involve supervision, didactics, preparation for patients, and documentation.

In an effort to make it easier for applicants to identify potential Positions of interest, we have grouped the placements according to six emphasis areas: Addictions, Behavioral Medicine, Child, Neuropsychology, Specialty Mental Health, and Trauma. The placements are described in detail below. Applicants are encouraged to refer to the table on the previous page to learn which Positions contain the desired placements. Listed in the description of each placement are the names of the primary supervisors. In each placement, interns will have one primary supervisor. In addition, many placements have one or more secondary supervisors available for consultation and/or supervision in specific aspects of the placement. The programs Co-Directors are also always available for help and consultation.
1. VA Behavioral Medicine: Pain, diabetes, and Weight Control (Rutledge)

**Overview:** This placement involves assessment, treatment, and multidisciplinary experience in three distinct medical clinics: anesthesia pain clinic, weight control clinic, and diabetes clinic.

**Primary Supervisor(s):** Thomas Rutledge, PhD, ABPP

**Supervision:** Supervision comprises a combination of individual and group-based experiences. These activities occur weekly.

**Assessment and Treatment Opportunities:** Students will provide a range of groups (e.g., pain groups, MOVE classes), assessment (e.g., bariatric surgery evaluation, pre-procedure pain evaluations), and individual (1:1 therapies for behavioral medicine goals). Cognitive behavior therapy is the primary treatment modality but there are also opportunities for training in motivational interviewing and ACT therapies.

**Didactics/Team Meetings:** Students may attend three separate rounds meetings: 1) weekly diabetes clinic rounds; 2) bimonthly weight control clinic rounds; and 3) monthly pain clinic rounds.

**Research Opportunities:** There are multiple opportunities to develop new research or become involved in existing research depending on the interest of the student.

**Primary Location:** La Jolla VA Medical Center

**Patient Population:** Veterans receiving care at VASDHS

**Number of Staff in Clinic:** 30+ (mostly non-mental health staff)

**Number of Trainees in Clinic:** There are typically two-three psychology students in the placement, including practicum students, interns, and fellows. Trainees in allied health disciplines are also present but vary in number.

2. UCSD Medical Center Pain Clinic (NBMU) (Park)

**Overview:** NBMU faculty and trainees serve as behavioral medicine specialists in the multidisciplinary treatment team at the UCSD Center for Pain Medicine located at UCSD-Thornton Hospital Perlman Medical Offices. The clinic operates under the auspices of the Department of Anesthesiology and serves a patient population representing a wide range of chronic pain diagnoses.

**Primary Supervisor(s):** Jessie Park, Psy.D.

**Supervision:** Interns have weekly individual (narrative and audiotape) and group supervision. Group supervision is with other UCSD behavioral medicine trainees at all levels. The intern will also obtain experience in supervising a practicum student.

**Assessment and Treatment Opportunities:** Interns will have the opportunity to conduct and interpret biopsychosocial assessments including: 1) Pre-procedure psychological evaluations of patients considered for invasive surgical techniques (including intrathecal pump and spinal cord stimulator procedures); 2) Chronic opiate psychological evaluations that inform treatment decisions made by pain physicians regarding use of opiates and other psychological factors that may impact response to treatment; 3) General psychological evaluations of patients with co-morbid psychiatric issues, prescription medication and illicit substance abuse problems, and other behavioral/coping-related problems. Trainees co-facilitate ongoing Pain Management psychotherapy groups, and provide short-term, individual psychotherapy using cognitive behavioral interventions, motivational and
acceptance therapies, and mindfulness meditation practices.

Didactics/Team Meetings: The multidisciplinary treatment team meets once per month to review patient cases and pre-procedure evaluations conducted by our service. Interns present information from the biopsychosocial evaluations to the Pain team including pain physicians, psychiatrists, nurses, and participate in the discussion of relevant psychological and medical issues. Weekly group supervision/didactic seminars feature case presentations and lectures on topics relevant to behavioral medicine and the practice of psychology.

Research Opportunities: The intern presents his or her own research at the didactic seminar.

Primary Location: UCSD-Thornton Hospital Perlman Medical Offices in La Jolla
Patient Population: Primarily adults presenting with a wide range of chronic pain diagnoses.
Number of Staff in Clinic: Approximately 20 pain and psychology fellows and attending physicians, nurses, and administrative staff.
Number of Trainees in Clinic: 5 psychology trainees (1 intern, 4 practicum students).

3. VA Behavioral Medicine: Spinal Cord Injury Unit (SCI/D) (McCulloch)
Overview: The Spinal Cord Injury/Disease (SCI/D) Unit is an interdisciplinary rehabilitation clinic for Veterans who have new and existing spinal cord conditions and various comorbid medical and mental health disorders. The SCI/D Psychology Team provides a range of services on an inpatient and outpatient basis, including comprehensive psychological assessments, cognitive screenings, individual therapy, group psychoeducation classes, participation in weekly multidisciplinary rounds and consultation to the multidisciplinary SCI/D team. Presenting problems are diverse and include numerous rehabilitation and behavioral medicine issues (e.g., medical complications following spinal cord injury, chronic pain, weight management, sleep difficulties), mental health concerns (e.g., mood and anxiety disorders, adjustment disorders, substance abuse/dependence) and behavioral management issues. Interns will spend 20 hours/week in this clinic and have the opportunity to work with newly injured veterans and veterans with long-standing SCI/D. Interns will have the opportunity to provide services through the VA Clinical Video Telehealth (CVT) Program.
Primary Supervisor: Corey McCulloch, Ph.D.
Supervision: Interns will meet with primary supervisor for individual supervision and will benefit from supervisor direct observation and review of audiotaped sessions. Supervision will include fidelity ratings for some treatment modalities. Interns will also have the opportunity for weekly group supervision with the SCI/D Psychology team.
Assessment and Treatment Opportunities: Interns will have the opportunity to continue their development of empirically-based treatments in a subgroup of patients with unique medical and functional challenges. Treatment modalities include Cognitive-Behavioral Therapy (CBT), Acceptance and Commitment Therapy (ACT), mindfulness-based interventions for behavioral medicine and mental health concerns. Interns will also have the opportunity to gain training and experience in empirically-based treatments for PTSD (i.e., Prolonged Exposure Therapy, Cognitive Processing Therapy).
Didactics/Team Meetings: Interns in SCI/D Clinic will attend the weekly Behavioral Medicine Seminar, which includes presentations and group supervisions focused on a
broad range of behavioral medicine and diversity issues.

**Research Opportunities:** Research opportunities are available on case-by-case basis

**Primary Location:** VA San Diego Healthcare System, Spinal Cord Injury/Disease Unit (La Jolla)

**Patient Population:** Veterans who have sustained spinal cord injuries from a variety of traumatic and/or medical experiences and veterans who have certain diseases with spinal cord involvement (e.g., Multiple Sclerosis)

**Number of Staff in Clinic:** Approximately 75 multidisciplinary team members, including 2 psychologists

**Number of Trainees in Clinic:** 1

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4. VA General Behavioral Medicine (Backhaus/Afari)

**Overview:** The VA San Diego General Behavioral Medicine team provides empirically-supported assessments and therapies for primary and tertiary care patients for whom psychological issues are impacting their health status, thus, serving veterans with a variety of physical and mental health conditions. The clinic aims to improve veterans’ physical health and mental wellbeing by promoting healthy life styles, assisting patients to change health compromising behaviors, encouraging treatment compliance when coping with chronic illness, and assisting with management of chronic conditions. The Behavioral Medicine team works closely with professionals from a variety of specialty areas (e.g. primary care, neurology, pulmonary, nephrology).

**Primary Supervisor(s):** Autumn Backhaus, Ph.D. & Niloo Afari, Ph.D.

**Supervision:** Interns will benefit from individual and group supervision. Opportunities for review of audio taped sessions are available.

**Assessment and Treatment Opportunities:** Interns will lead or co-lead 2 psychoeducational groups per week (e.g., pain, emotional eating, diabetes), conduct full psychosocial intake interviews including behavioral and mental health assessments as necessary, and provide brief individual intervention. Additionally, the intern will provide consultation to other providers in primary care and other specialty clinics, and give lectures in multidisciplinary programs such as tobacco cessation, diabetes, and weight control groups. The intern also has the opportunity to perform pre-transplant and interferon evaluations. Primary treatment approaches include CBT, ACT, and MI.

**Didactics/Team Meetings:** Interns in the General Behavioral Medicine placement will attend the weekly Behavioral Medicine Seminar, which includes presentations, trainings, and consultations by/with experts on a variety of topics relevant to behavioral medicine settings. Interns will also attend the weekly clinic team meeting (group supervision).

**Research Opportunities:** Interns may participate in research as a therapist in a clinical trial. Interns may also participate in co-writing manuscripts if interested.

**Primary Location:** Mission Valley VA Outpatient Clinic

**Patient Population:** Male and female veterans from all conflicts (e.g., Vietnam War, Korean War, Iraq and Afghanistan). Typical patient problems include chronic medical conditions (e.g., diabetes, obesity), somatic symptoms (e.g., fatigue, pain), health-threatening behaviors (e.g., noncompliance) and mental health concerns (e.g., stress, depression).

**Number of Staff in Clinic:** 2

**Number of Trainees in Clinic:** 2-3
5. UCSD Regional Burn Center (Minassian)

Overview: The UCSD Regional Burn Center is a surgery service that provides treatment to burned adults and children. The intern works with inpatients and their families in the 8-bed Intensive Care Unit and the 10-bed Special Care Unit. Duties include: (1) psychological/psychiatric intake interview to assess psychiatric disorders and substance abuse, (2) interventions and provision of support for patients and families in coping with physical injuries and treatment (behavioral interventions for acute pain, responses to trauma, discussion of body image concerns, brief motivational interviewing for substance use-related injuries), and (3) providing recommendations to multidisciplinary staff. The intern will learn about burn care and the physical and psychological effects of burn injury. She/he works closely with other medical disciplines, combines assessment and brief intervention in the span of a few sessions, and tailors recommendations to fit with the fast-paced trauma care environment.

Primary Supervisor(s): Arpi Minassian, Ph.D.

Supervision: Individual supervision (narrative and “live”) as well as a one-hour weekly behavioral medicine group supervision/didactic seminar. The intern will also obtain experience in supervising a practicum student.

Assessment and Treatment Opportunities: Bedside interventions with patients and family members, using techniques from CBT, mindfulness, MI, and ACT. Psychological testing is limited to brief cognitive and symptom screens. The intern will also gain knowledge in psychopharmacology and assessment and treatment of delirium.

Didactics/Team Meetings: The intern attends weekly multidisciplinary rounds with the Burn Team where s/he discusses assessment and treatment recommendations. Weekly group supervision/didactic seminars feature case presentations and lectures on topics relevant to behavioral medicine and the practice of psychology. The intern can also attend weekly education seminars on the Burn Service.

Research Opportunities: The intern presents his or her own research at the didactic seminar.

Primary Location: UCSD Medical Center, Hillcrest.

Patient Population: Children, adults, and families of all ages with burns or skin disorders such as chronic wounds, Stevens-Johnson’s Syndrome, and others.

Number of Staff in Clinic: Approximately 30 physicians, mid-level providers, nurses, rehabilitation therapists, social workers, pharmacists, dieticians, child life specialist, and others.

Number of Trainees in Clinic: 2 (one intern, one practicum student)

6. Moores Cancer Center (MCC) (Cardenas)

Overview: The Patient and Family Support Service at MCC is a full-service psychosocial oncology program. It provides psychiatric evaluation and medication management as well as evidenced-based individual, couples, family, and group psychotherapy to cancer patients and their caregivers/families. The program also includes a holistic treatment component that may include yoga, art therapy, expressive writing, mindfulness training, relaxation/meditation, hypnotherapy and state-of-the-art approaches to non-medication-based treatment of insomnia. MCC offers these services to any cancer patient in active treatment or during survivorship, and to their caregivers and family members.

Primary Supervisor(s): Veronica Cardenas, Ph.D.
Supervision: Individual and group supervision.

Assessment and Treatment Opportunities: The focus is on delivery of individual, couples, family and group psychotherapy to treat psychological issues that arise in a cancer setting. Interns will attend a ‘Cancer 101’ class so they have a basic understanding of medical aspects of cancer diagnosis and treatment. They will conduct intake interviews, develop treatment plans, implement treatment, and plan/implement treatment termination. Cancer patients present with issues specific to their disease, its treatment, and prognosis; however, given that cancer can be viewed as a major stressor, issues not specific to the cancer commonly present and are treated, as well. Existential issues are commonly evoked, such as those associated with significant changes to the body and its function, the possibility of a foreshortened future, and end-of-life planning. Interns will learn to interact with multidisciplinary teams that may include medical, surgical and radiation oncologists; psychiatrists; pharmacists; nurses; social workers; genetics counselors. Interns will also learn to use the EPIC electronic medical record to communicate effectively with other members of the patient’s treatment team.

Didactics/Team Meetings: Interns at MCC will attend weekly group supervision and ad hoc didactic presentations.

Research Opportunities: As time and interest permits, interns may participate in research examining archival clinical data and/or any active investigations, and/or co-authoring manuscripts.

Primary Location: Moores Cancer Center, 3rd Floor.

Patient Population: Cancer patients throughout the cancer trajectory (pre-diagnosis; post-diagnosis; in active initial treatment; during survivorship) and their caregivers and/or family members.

Number of Staff in Clinic: 8: 3 Psychiatrists; 5 Psychologists
Number of Trainees in Clinic: 4: 1 intern, 3 practicum students.

7. VA Behavioral Medicine and Primary Care Mental Health Integration (Heppner)

Overview: The Behavioral Medicine/Primary Care-Mental Health Integration (PC-MHI) Clinic at the La Jolla VA Medical Center provides assessment and evidence-based psychotherapy for veterans presenting with comorbid medical and mental health symptoms within primary care and medical specialty clinics.

Primary Supervisor(s): Pia Heppner, Ph.D.

Supervision: Weekly one-hour individual supervision (review of audio-recorded sessions and narrative) and weekly group supervision within the VA Behavioral Medicine Seminar.

Assessment and Treatment Opportunities: Interns will conduct psychological assessments consistent with formulating a biopsychosocial conceptualization of cases and will develop skills in reviewing medical diagnostic and treatment histories. Interns will also perform mental health evaluations for organ or stem cell transplant procedures and write comprehensive assessment reports. Outpatient individual and group psychotherapy are provided for veterans diagnosed with chronic or progressive conditions such as cancer, diabetes, heart disease, obesity, pain, and tinnitus. Within PC-MHI, interns will provide brief assessment, consultation and time-limited behavioral treatment for veterans presenting with symptoms of depression, anxiety and adjustment concerns within a primary care setting. Interns will facilitate groups for chronic pain
using Acceptance and Commitment Therapy (ACT) and Cognitive Behavioral Therapy, ACT for tinnitus related distress and a psychoeducational group on chronic pain for veterans receiving inpatient treatment for substance use disorders.

Didactics/Team Meetings: Interns attend a weekly VA Behavioral Medicine seminar, which includes group supervision, case presentations and didactic presentations on topics such as diabetes management, pharmacological management of chronic pain.

Research Opportunities: Interns may co-author manuscripts if interested/available.

Primary Location: VA Medical Center in La Jolla

Patient Population: Primarily male veterans (18 through 80+) receiving medical services through primary care or specialty medicine clinics

Number of Staff in Clinic: 4 (psychologist/supervisor, 2 PC-MHI nurse care manager, 1 psychiatrist)

Number of Trainees in Clinic: 5

8. VA Primary Care Mental Health Integration (PCMHI) (Ruberg)

Overview: The VA San Diego Primary Care Mental Health Integration team in Mission Valley provides mental health services for veterans seen within a busy primary care setting. Interns will work closely with a large team of physicians, nurses, and ancillary providers (e.g., clinical pharmacists, social workers, dieticians) to provide timely and efficient assessment, consultation, and brief psychotherapy services to patients whose care is best served when delivered within the primary care setting. The PCMHI model provides for brief treatment for veterans who experience mild to moderate symptoms associated with mood, anxiety, substance use, and life adjustment concerns.

Primary Supervisor(s): Joshua Ruberg, Ph.D.

Supervision: Interns will benefit from individual and group supervision. Opportunities for review of audio taped sessions are available.

Assessment and Treatment Opportunities: Interns will interact with veterans presenting with a broad array of mental health conditions. Interns will conduct brief (20-50 minute) psychological assessments with veterans who are referred for evaluation by their primary care providers, ideally occurring on the same day as the veteran’s scheduled primary care visit (referred to as “warm hand-offs”). Interns will also manage a caseload of individual psychotherapy patients who fit the PCMHI model, as well as leading a weekly stress management group. Primary treatment approaches include CBT, ACT, and MI. Finally, interns will regularly interact with the primary care team, providing a range of consultation services, including helping to develop treatment plans, assisting with behavioral management of difficult patients, helping to manage patients in acute crises, and collaborating with the provider to help patients make health behavior changes.

Didactics/Team Meetings: Weekly Behavioral Medicine Seminar; weekly clinic team meeting (group supervision combined with Mission Valley General Behavioral Medicine Program).

Research Opportunities: Interns may participate in co-writing manuscripts if interested/available.

Primary Location: Mission Valley VA Outpatient Clinic

Patient Population: Adult male and female veterans from all conflicts and all ages

Number of Staff in Clinic: 4 (2 psychologists/supervisors, PC-MHI nurse care manager, psychiatrist)
9. UCSD Eating Disorders Clinic (UCSD EDC) (Anderson/Wierenga)
   **Overview:** UCSD EDC provides day treatment and intensive outpatient treatment for adolescents and adults with anorexia, bulimia, BED, ARFID and EDNOS. The multidisciplinary treatment team consists of psychologists, social workers, psychiatrists, marriage and family therapists, nurses, and dieticians.
   **Primary Supervisor(s):** Leslie Anderson, Ph.D. and Christina Wierenga, Ph.D.
   **Supervision:** Interns participate in weekly individual and group supervision. Feedback on videotaped individual sessions is provided.
   **Assessment and Treatment Opportunities:** Adult patients can be in Day Treatment (10 or 6 hrs a day) or IOP (4 hrs a day) and Adolescent patients can be in Day Treatment (10 or 6 hrs a day) or IOP (3 hrs a day). Our adult clinic is run according to a dialectical behavior therapy (DBT) model, and we also offer CBT, expressive arts, ACT, cognitive processing therapy, and a variety of other types of therapy groups. Our adolescent clinic is run according to a Maudsley (Family-Based Therapy) model, and families are made a primary part of treatment. DBT skills are offered and behavioral principles are used in milieu management. In both programs, interns will eat meals with patients and gain experience providing meal support in an intensive treatment environment. Interns also have the opportunity to conduct brief neuropsychological assessments and write integrated reports to address referral questions from the treatment team.
   **Didactics/Team Meetings:** We have weekly didactics, which are taught by in-house and visiting experts on topics relevant to treating eating disorder patients. Multidisciplinary treatment team meets from 2-2.5 hours per week per program.
   **Research Opportunities:** We have many research opportunities, including FMRI and genetics research, and treatment development and outcomes. Interns often stay on after internship as clinical or research fellows.
   **Primary Location:** Chancellor Park Outpatient Clinic
   **Patient Population:** Adolescents are ages 11-18, Adults are age 18+, but the majority are between 18 and 30. Most are Caucasian, but we also have Hispanic, Asian and African-American patients. 90% are female.
   **Number of Staff in Clinic:** ~60
   **Number of Trainees in Clinic:** 2 psychology interns, 6-8 MFT, PhD or PsyD practicum students, 6-8 postdoctoral fellows.

10. UCSD Outpatient Psychiatry (OPS) (Judd/Kim/Twamley)
    **Overview:** The UCSD Outpatient Psychiatric Service (OPS) provides outpatient mental health and psychosocial rehabilitation services for seriously mentally ill patients. Approximately 1,000 patients from diverse socioeconomic, cultural, and ethnic backgrounds are served annually. OPS is also a primary clinical training site in the Department of Psychiatry for psychiatric residents and medical students, psychology.
students and interns, social work, and marriage and family therapy interns.

**Primary Supervisor(s):** Patricia A. Judd, Ph.D., and Eunice Kim, Ph.D.

**Supervision:** Individual supervision with review of videotapes. Assessment Supervision within a seminar setting.

**Assessment and Treatment Opportunities:** Interns selected for this service are provided a rich variety of clinical learning opportunities with supervision from a multidisciplinary group of experienced faculty and staff whose joint mission is excellent clinical services and clinical training. Interns work 20 hours within the Gifford Clinic, a publicly funded outpatient mental health service. They evaluate one new patient a week and provide approximately 12 clinical hours weekly. Services include brief-focused and ongoing psychotherapy to individuals, couples and families, crisis intervention and care coordination. Each intern co-leads one psychotherapy group using evidence-based group interventions. Interns work closely with psychiatric faculty and residents regarding psychopharmacologic treatment of their patients. Interns conduct 5 assessments over the year. They have the opportunity to combine neuropsychological with personality assessment measures in the evaluation of patients with challenging diagnostic issues. They also collaborate with psychiatric residents in an integrated case presentation for Departmental Professor’s Rounds.

**Didactics/Team Meetings:** Interns participate in a weekly intake /diagnostic meeting with a psychiatric resident, psychiatry and psychotherapy attending; weekly group assessment supervision on administration, scoring and interpretation; weekly psychology seminar focused on the treatment of patients with serious mental disorders; weekly supervision focused on group therapy. All interns are encouraged to attend the Department of Psychiatry monthly Grand Rounds and other lectures and workshops sponsored by the Department.

**Research Opportunities:** N/A

**Primary Location:** Outpatient Psychiatric Services, Hillcrest

**Patient Population Demographics:** Adults 18 and over with serious co-occurring mental disorders and co-morbid medical conditions who are indigent or insured through MediCal and or Medicare.

**Number of Staff:** 11 licensed staff/faculty members; 4 administrative staff.

**Number of Trainees:** Approximately 30 trainees from various disciplines (marriage and family therapy, psychiatry, psychology, social work) on site from 8-12 months.

### 11. VA Center of Recovery Education (Granholm)

**Overview:** The Center Of Recovery Education (CORE) is the VA San Diego Healthcare System’s Psychosocial Rehabilitation and Recovery Center (PRRC), which provides Veterans a transitional education center that will inspire and assist them to reclaim their lives, instill hope, validate strengths, teach life skills, and facilitate community integration in meaningful self-determined roles. CORE provides evidence-based practices to Veterans with psychotic disorders to help them define and pursue personalized recovery goals.

**Primary Supervisor(s):** Eric Granholm, Ph.D.

**Supervision:** One hour of individual and 1.5 hours of group supervision, including direct observation through co-therapy and review of videotaped sessions.

**Assessment and Treatment Opportunities:** Group and individual psychotherapy
using evidence-based practices for people with schizophrenia and other psychotic disorders (CBT, SST, IMR, Dual-Diagnosis); psychological and neuropsychological assessment; intake evaluations using sections of the SCID; family interventions; manualized interventions in randomized psychotherapy clinical trials. All in the context of a Recovery Model.

**Didactics/Team Meetings:** Weekly CORE Team meeting 11-12 Tuesdays and weekly Psychosocial Rehabilitation (PSR) Seminar 12-1 Tuesdays, which includes journal club and presentations on the recovery model and assessments and treatments for schizophrenia.

**Research Opportunities:** Interns may participate in research as a therapist in randomized clinical trials, and can mine large existing databases from previous psychosocial intervention trials to present data at professional conferences and/or publish peer-reviewed research reports.

**Primary Location:** La Jolla VA Medical Center.

**Patient Population:** Veterans (primarily male) with psychotic disorders of all ages and diverse backgrounds with a GAF below 50.

**Number of Staff in Clinic:** Interprofessional team, including psychologists, psychiatrist, social worker, and supported employment specialist, as well as psychology postdoctoral fellows, post-masters social work fellows, and post-masters vocational rehabilitation or occupational therapy fellows, and clinical psychology practicum trainee.

**Number of Trainees in Clinic:** 1 Intern, 4 fellows, 1 practicum student

12. **VA Mood Clinic:** Primary Supervisor(s): Colin Depp, PhD

**Overview:** This clinic trains psychologists and other mental health professionals in cognitive behavioral treatments (CBT) for mood disorders. The focus is on learning skills in traditional and third wave cognitive behavioral interventions and developing a solid theoretical understanding of these interventions. Interns are encouraged to develop both clinical and research interests related to this placement (e.g., co-leading a group that is of particular interest to the intern, conducting outcome research, etc).

**Supervision:** 1.5 hours of individual supervision, 0.5 hours of group supervision. Supervision includes individual supervision, group supervision, team meetings, review of audio/videotape sessions, didactics, and co-therapy.

**Assessment and Treatment Opportunities:** There is a strong emphasis on the application of empirically supported treatments, the use of a case formulation approach to cognitive behavioral therapy and training in evaluating the effectiveness of clinical interventions. Group therapies are manualized and structured. Individual therapy is guided by theoretically-grounded case conceptualization. Interns work with clients presenting with mood disorders as primary diagnoses and many of the Veterans also present with a variety of comorbidities, especially Posttraumatic Stress Disorder and physical health difficulties. Training opportunities include: a) individual and group CBT (traditional and third wave) for unipolar depression; b) individual and
13. VA Behavioral Health Interdisciplinary Program (Castriotta)

**Overview:** The Behavioral Health Interdisciplinary Program (BHIP) is an interdisciplinary team who works with a panel of Veterans experiencing a wide array of difficulties with mood, anxiety and functioning in important life roles. The goal of BHIP is to provide comprehensive, Veteran-centered care that is grounded in theory. Interns with BHIP will learn skills and theory in third-wave Cognitive Behavioral Therapies and how to apply treatment in a transdiagnostic setting.

**Primary Supervisor:** Natalie Castriotta, Ph.D.

**Supervision:** 1.5 hours of individual supervision, 0.5 hours of group supervision. Supervision includes individual supervision, group supervision, team meetings, review of audio/videotape sessions, didactics, and co-therapy

**Assessment and Treatment Opportunities:** Interns have the opportunity to gain experience in:
- a) diagnostic assessment;
- b) individual therapy;
- c) group therapy;
- d) supervision and didactics.

There is a strong emphasis on the application of empirically supported treatments. Our theoretical orientation centers on CBT with incorporation of 3rd wave CBT models and mindfulness-based approaches including Dialectic Behavior Therapy (DBT) and Acceptance and Commitment Therapy (ACT). Group therapies are manualized and structured, and Interns will learn to deliver interventions in a transdiagnostic setting. A transdiagnostic approach is one emphasizing common mechanisms underlying symptoms and functional difficulties, rather than targeting specific symptoms (e.g., depression, anxiety). As such, Interns will learn the core theoretical foundations of third-wave interventions and how to provide the interventions to groups of Veterans with a variety of diagnoses. Individual therapy is guided by theoretically-grounded case conceptualization. Additional opportunities include participating in the Dialectical Behavior Therapy Program for individuals with Borderline Personality Disorder and providing evidence-based individual and/or group therapy for individuals with Military Sexual and/or Interpersonal Trauma.

**Didactics/Team Meetings:** 1 hour seminar in evidence-based psychotherapy; 1 hour interdisciplinary team meeting

**Research Opportunities:** Mostly related to program development/evaluation

**Primary Location:** La Jolla VA Medical Center

**Patient Population:** Veterans from all eras of services, about 50% racial/ethnic minorities; age range of approximately 20-85 years

**Number of Staff in Clinic:** 1 psychology, 1 licensed clinical social worker, 1 nurse practitioner, 1-2 psychiatrists, 1 licensed vocational nurse, and 1 peer support specialist
14. VA Family Mental Health Program (FMHP): (Buzzella)

**Overview:** The VA San Diego Family Mental Health Program provides empirically-supported couple therapy services to Veteran couples. This interdisciplinary team consists of one psychologist, two postdoctoral fellows, one psychology intern, and one Marriage and Family Therapist. Psychiatry residents and/or psychology practicum students are sometimes also involved in the program. The team meets weekly.

Primary Supervisor(s): Brian Buzzella, Ph.D., ABPP

**Supervision:** Interns will benefit from weekly, individual supervision, including review of videotaped sessions.

**Assessment and Treatment Opportunities:** The focus is on developing empirically-based assessment and treatment skills in order to address relational problems in Veteran couples. Interns will learn to conduct multi-session, multi-modal assessment (interviews, self-report questionnaires, behavioral observation) to inform problem formulations and treatment plans consistent with Integrative Behavioral Couple Therapy (IBCT) and Emotionally-Focused Couple Therapy (EFT). Interns have opportunities to act as co-therapists with other trainees as well as with more senior clinicians.

**Didactics/Team Meetings:** Interns in the FMHP placement will attend the weekly team seminar, which includes presentations and trainings in Emotionally-Focused Couple Therapy, Integrative Behavioral Couple Therapy, and Cognitive-Behavioral Couple Therapy. Presentations include didactic components, as well as experiential learning strategies (e.g., video review, role-playing). Didactic presentations on special topics in Couple/Family Psychology (e.g., intimate partner violence) are also offered.

**Research Opportunities:** Clinical assessment data are collected from those couples who consent to this participate in this clinic evaluation protocol. Data are available for analysis and presentation, if interested.

**Primary Location:** La Jolla VA Medical Center

**Patient Population:** Veterans and their significant others reporting significant relational distress.

**Number of Staff in Clinic:** Approximately 5 (including trainees)

**Number of Trainees in Clinic:** 3

15. VA Inpatient Psychiatry: (Jacobson)

**Overview:** The Inpatient Psychiatry Clinic provides neuropsychiatric assessments and treatment for Veterans with acute mental health needs who are hospitalized on the Inpatient Psychiatry service. The emphasis for psychological services in the inpatient milieu is on 1) brief neurocognitive and psychological assessments for diagnostic clarification and treatment planning purposes, and 2) implementation of evidence-based psychotherapy (individual and group) utilizing short-term, recovery-oriented protocols. This clinic actively participates in the Inpatient Psychiatry Services group that includes weekly interdisciplinary patient rounds with a team of psychiatrists, psychologists, nursing staff, social work, occupational therapy, and case managers who follow patients during their hospitalization. This clinic also provides outpatient treatment follow-up (psychological assessment and brief CBT-based psychotherapy) for Veterans with a wide-range of psychiatric and neurocognitive
disorders referred by Psychiatry, Physical Medicine, Neurology and other Psychology clinics.

Primary Supervisor(s): Mark W. Jacobson, Ph.D.

Supervision: Individual and group supervision.

Assessment and Treatment Opportunities: The assessment component combines a brief, flexible, neurocognitive screening battery with standardized, psychological assessment tools (MMPI2-RF, MCMI3, PAI, etc.). Interns are trained on formulation of comprehensive integrated reports, presentation of results to treatment teams, and utilizing feedback to Veterans for implementation of recommendations and recovery planning. Training in treatment modalities occur in a range of clinical settings and diverse patient groups: inpatient treatment can include Social Skills Training (group therapy), and individual behavioral-based techniques and CBT-based interventions modified for severe mental illness. Outpatient psychotherapy protocols are brief, CBT-based treatments modified for Veteran’s with cognitive deficits secondary to stroke, tumor resection, TBI, ADHD or mild neurocognitive disorders. Goals of short-term therapy are to facilitate transition to established group therapies.

Didactics/Team Meetings: Interns in the Inpatient Psychiatry Service will attend weekly, individual supervision, weekly Psychiatry Inpatient Interdisciplinary Team meetings, and Psychiatry Case Conferences/Didactics.

Research Opportunities: As time and interest permits, this clinic collaborates with a number of investigators who can discuss ongoing research projects.

Primary Location: La Jolla VA Medical Center

Patient Population: Veterans (all ages) with acute, severe mental illness, and outpatients with PTSD, neurocognitive disorders, affective and personality disorders, ADHD and academic underachievement.

Number of Staff in Clinic: 1 primary, with interdisciplinary interactions via team meetings

Number of Trainees in Clinic: 3: 1 intern, 2 post-doctoral fellows (part-time).

**NEUROPSYCHOLOGY**

16. VA Neuropsychological Assessment Unit (G. Brown/Bondi/Filoteo)

Overview: The VA San Diego Neuropsychological Assessment Unit provides hospital-wide consultation/liaison services to patients referred for comprehensive neuropsychological assessments of cognitive and emotional functioning.

Primary Supervisor(s): Mark W. Bondi, Ph.D., ABPP/CN (Director), Gregory G. Brown, Ph.D., ABPP/CN, J. Vincent Filoteo, Ph.D.

Supervision: Supervision from our board certified clinical neuropsychologists is provided in both group and individual settings. Interns are assigned a year-long primary individual supervisor as well as attend group supervisions of cases twice weekly.

Assessment and Treatment Opportunities: The Neuropsychological Assessment Unit placement provides the intern with the opportunity to conduct comprehensive neuropsychological evaluations on a wide range of patient populations, including but not limited to neurologic, psychiatric, geriatric, rehabilitation, and general medicine patients. Unit staff and trainees conduct complete neuropsychological assessments of patients, including chart review, clinical interview, standardized test administration and scoring, interpretation and report writing, and patient and family feedback. Trainees may also obtain
some experience interacting with treatment and rehabilitation teams to integrate the results of the neuropsychological assessments into such programs. Minor rotation opportunities for assessment and cognitive rehabilitation for veterans of Iraq or Afghanistan with mild to moderate traumatic brain injury are also available. Interns are taught how to use the Boston process approach to interpret a wide range of assessment instruments (e.g., Boston Naming Test, Wechsler Memory Scale - IV; California Verbal Learning Test - 2; Delis-Kaplan Executive Function System, etc.), to provide detailed feedback to patients and families, and to work with referring sources to integrate the results of our neuropsychological assessment procedures into treatment planning.

Didactics/Team Meetings: Interns attend the Clinical Neuropsychology Seminar series once a week and have the opportunity to attend other team staff meetings, such as the monthly Geropsychiatry Interdisciplinary team meeting, to present cases in a broader multidisciplinary diagnostic and treatment context.

Research Opportunities: There are many opportunities to integrate research projects with clinical service activities within our Unit as well as with affiliated research projects conducted by our primary supervisors. Many of our projects are at the forefront of neuropsychological, neuroimaging, genetic and other investigatory techniques into the causes and consequences of brain dysfunction.

Primary Location: La Jolla VA Medical Center
Patient Population: As a hospital-wide consultation/liaison service, a wide range of patients are referred from many sources, including primary care, neurology, psychiatry, and other specialty clinics. Patients suspected of mild cognitive impairment, dementia, stroke, traumatic brain injury, and a variety of other neurologic, medical and systemic disorders are typically referred for our assessment services.

Number of Staff in Clinic: Approximately 7 (4 supervisors, 3 psychometricians)
Number of Trainees in Clinic: Approximately 8-9 (4 interns, 4-5 doctoral practicum students).

17. VA Traumatic Brain Injury Cognitive Rehabilitation Program: (Jak)
Overview: The TBI Cognitive Rehabilitation Clinic provides neuropsychological assessment, feedback, and cognitive rehabilitation to Veterans with a history of traumatic brain injury. The clinic also provides academic skills training to any Veteran returning to or enrolled in higher education that needs such assistance. The Cognitive Rehabilitation Clinic serves all Veterans with a history of TBI who have cognitive complaints, though the majority of Veterans are post-9/11 Veterans with mild to moderate TBI in the post-acute/chronic phase of injury. This clinic is a component of the larger TBI Polytrauma Treatment team, an interdisciplinary team consisting of rehabilitation physicians, neuropsychologists, social workers, nurse case managers, occupational therapists, physical therapists, audiologists, speech therapists, and optometrists/low-vision specialists. This team meets weekly as does the core Cognitive Rehabilitation clinic staff.

Primary Supervisor(s): Amy Jak, Ph.D.
Supervision: Individual and group supervision.
Assessment and Treatment Opportunities: The focus is on using comprehensive neuropsychological assessment data to inform treatment. Interns will learn how to 1) provide structured compensatory cognitive rehabilitation in both group and individual formats to address objective deficits noted on neuropsychological testing; 2) enhance neuropsychological feedback skills in a TBI population; 3) enhance clinical
neuropsychological interviewing skills in individuals with a history of TBI; and 4) broaden neuropsychological test interpretation and report writing skills in this population. Interns will also gain an appreciation of how neuropsychological assessment informs treatment decisions, including cognitive rehabilitation, and how neuropsychology and cognitive rehabilitation are integrated into a Veteran’s larger, multidisciplinary treatment plan. Interns will also see cases in the Neuropsychological Assessment Unit (see above) to ensure a breadth of assessment experience.

**Didactics/Team Meetings:** Interns in the TBI Cognitive Rehabilitation placement will attend weekly clinic supervision, group supervision within the larger Neuropsychological Assessment Unit, and the Clinical Neuropsychology Seminar series once a week. As their schedule allows, interns attend the TBI Polytrauma weekly Treatment Team meeting.

**Research Opportunities:** As time and interest permits, interns may participate in research examining archival clinical TBI data, data from an ongoing TBI/PTSD intervention trial, and/or co-authoring manuscripts.

**Primary Location:** La Jolla VA Medical Center

**Patient Population:** Predominantly Iraq and Afghanistan Veterans with a history of mild to moderate brain injury, now in the post-acute/chronic phase

**Number of Staff in Clinic:** 2

**Number of Trainees in Clinic:** 3: 1 intern, 2 post-doctoral fellows.

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**18. UCSD Senior Behavioral Health (Rice)**

**Overview:** The UCSD Medical Center Senior Behavioral Health Program (SBH) provides comprehensive psychiatric and neuropsychological services for patients 65 or older. The SBH inpatient unit serves geriatric patients suffering from an acute psychiatric illness who have failed outpatient treatment. The SBH multidisciplinary inpatient team consists of psychologists, psychiatrists, a social worker, nurses, mental health workers, a geriatric internist, and an occupational therapist. The team meets thrice weekly. The SBH outpatient program also serves geriatric patients seeking treatment for a wide variety of psychosocial and psychiatric issues. The psychologist and intern conduct comprehensive neuropsychological assessments in the context of dementia work-ups.

**Primary Supervisor:** Valerie Rice, Ph.D.

**Supervision:** Interns will be provided individual supervision. Additional supervision with attending psychiatrist(s) available upon request.

**Assessment and Treatment Options:** The focus is on conducting comprehensive neuropsychological assessments. Interns will learn how to 1) administer and interpret full psychosocial intake interviews of both the patient and collateral source(s) and 2) administer, score, interpret, and write integrated reports based on the results of the neuropsychological evaluation. Interns will also engage in weekly process-oriented groups (or other types of groups based on the patient population) on the inpatient unit. Interns will also have the opportunity to follow inpatients post-discharge, for individual psychotherapy with a cognitive-behavioral focus.

**Didactics/Team Meetings:** Interns will attend multidisciplinary team meetings, each about two hours in length, at least once per week.

**Primary Location:** UCSD Medical Center, Hillcrest and Thornton Hospital, La Jolla

**Patient Population:** Mostly geriatric patients age 65 and older (with a small number of younger patients suspected of having dementia)
19. UCSD Medical Center Neuropsychological Assessment Program (M. Norman)

Overview: The UCSD-Medical Center Neuropsychology placement (UCSD/NP) is ideal for those who have trained in neuropsychology and want to further develop their skills in the use of integrating standardized neuropsychological testing results, as well as specialized neurobehavioral examination techniques. Interns evaluate adults with cognitive, central nervous system and medical disorders. Multidisciplinary teams consist of colleagues from medicine (i.e., neurology, hepatology, pulmonology, nephrology, cardiology) and surgery (e.g., neurosurgery, cardiothoracic surgery, and abdominal surgery), in addition to Infectious Disease, social work, and pharmacy.

Primary Supervisor(s): Marc Norman, Ph.D., ABPP, and William Perry, Ph.D.

Supervision: Interns will benefit from individual supervision and group supervision.

Assessment and Treatment Opportunities: In addition to traditional neuropsychological assessment, placement specific opportunities include intraoperative brain mapping and IntracarotidAmytal (aka Wada) Procedures with the UCSD Comprehensive Epilepsy Service and Neuro-oncology Program. Other neurologic populations include Multiple Sclerosis, Dementia, Strokes and others with various neurologic involvement. Solid organ transplant assessments are conducted on prospective organ candidates and provided information about neurocognitive and emotional functioning. Transplant teams rely on these assessments to determine whether or not individuals are appropriate transplant candidates. Finally, trainees can also participate in specialized concussion assessment and Fitness for Duty evaluations.

Didactics/Team Meetings: As time permits, interns are encouraged to attend multidisciplinary weekly Heart, Lung, Kidney/Pancreas, and/or Liver Transplant as well as Stroke team meetings. Also, interns are encouraged to attend monthly Epilepsy Team meetings. Didactics include weekly Group Supervision with other Medical Center trainees and a weekly Neuropsychology Clinical Training Seminar. The overall goal of this seminar is to understand the relationship between brain and behavior through a strong foundation of neuroanatomy and neuropathology. We will review neuroanatomy, neuropathology, and clinical syndromes in addition to ABPP neuropsychology-style Fact Finding exercises.

Research Opportunities: Interns may participate in research co-writing manuscripts, or reviewing journal articles if interested and as time permits.

Primary Location: UCSD Medical Center, Hillcrest

Patient Population: Culturally and ethnically diverse populations with primary medical/neurological illnesses.

Number of Staff in Clinic: Approximately 10 – 30, depending on specific service.

Number of Trainees in Clinic: 2-4

ADDICTIONS

20. VA Alcohol Drug Treatment Program: (Wall/Pulido)

Overview: The VASDHS San Diego Alcohol and Drug Treatment Program (ADTP) provides empirically-supported assessments and therapies for Veterans with Substance
Use Disorders (SUDs). A large proportion of ADTP patients have concomitant Axis I or Axis II diagnoses. ADTP consists of four levels of care: Residential (SARRTP), Intensive Outpatient (IOP), Outpatient (OP), and Substance Abuse and Mental Illness (SAMI). Assignment of patients is guided by the American Society of Addiction Medicine Guidelines and is also influenced by assessment of comorbid psychopathology, functional assets of the individual patient, as well as life circumstances. Psychologists and psychology trainees provide clinical services to the SARRTP, IOP, and OP aspects of the ADTP.

**Primary Supervisor(s):** Carmen Pulido, Ph.D. and Tamara Wall, Ph.D.

**Supervision:** Interns will benefit from individual and group supervision, including direct observation during the provision of services.

**Assessment and Treatment Opportunities:** Interns will learn how to administer and interpret intake interviews, self-report symptom questionnaires, and urine toxicology results. Interns will also participate in the completion of treatment plans and treatment plan updates for Veterans in the OP.

Interns will learn empirically-supported individual and group treatments for SUDs, including CBT, ACT, and MI. Interns will participate in providing lectures on the SARRTP including topics such as Relapse Prevention, Stress Management, and Sleep Hygiene. Interns can receive training in couples therapy (individual or group) based on patient needs. Interns will have the opportunity to observe FOR A WHOLE MONTH one of the primary supervisors model how to conduct ALL group therapy and lectures prior to taking on these responsibilities.

**Didactics/Team Meetings:** Interns in the ADTP placement will attend the weekly SUD Seminar, which includes presentations and trainings by experts in assessments, treatments, and conditions associated with SUDs.

**Research Opportunities:** depending on interest

**Primary Location:** La Jolla VA Medical Center

**Patient Population:** Primarily male veterans with a wide age range.

**Number of Staff in Clinic:** 2 Psychiatrists, 3 Psychologists, 1 Nurse Manager, 3 Social Workers, 1 Clinical Nurse Specialist, 4 Registered Nurses, 7 Licensed Vocational Nurses, 12 Addiction Therapists, 1 Chaplain, 1 Pharmacist, 1 Nutritionist, 1 Recreational Therapist, and 2 Clerks.

**Number of Trainees in Clinic:** 2-4

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21. VA Substance Abuse Rehabilitation and Recovery Program: (SARRTP; Davis)

**Overview:** The VA Substance Abuse Residential Rehabilitation Treatment Program (SARRTP), PTSD track, provides empirically-supported assessments and therapies for Veterans with concurrent Posttraumatic Stress Disorder (PTSD) and Substance Dependence (SUD). This program employs a multidisciplinary team that meets daily and consists of a psychologist, psychiatrists, social workers, nurses, chaplains, addiction therapists, occupational therapists, peer support specialists, and a pharmacist.

**Primary Supervisor(s):** Brittany C. Davis, Ph.D.

**Supervision:** Interns will benefit from individual supervision and group supervision, including a review of videotaped/audio taped sessions.

**Assessment and Treatment Opportunities:** The focus is on delivering PTSD treatment to patients in a residential setting. The primary treatments utilized are motivational interviewing and exposure therapy, with the opportunity to employ different modalities as
Interns will also learn the state-of-the-art individual and group treatments for PTSD, including Prolonged Exposure Therapy and Cognitive-Processing Therapy through this placement. Interns have opportunities to co-lead group therapies with staff clinicians and will lead some groups independently. Psychology service provides mental health services to the unit as a whole, so patients not on the PTSD track are treated as well for depression, anxiety, personality disorders, grief and others, using CBT, MI, grief therapy, DBT, ACT and other modalities. Interns will experience what it is like to work on the residential unit and observe crisis management, team interventions, and multi-disciplinary teamwork.

Didactics/Team Meetings: Interns in the SARRTP placement will attend a weekly Addiction Seminar.

Research Opportunities: Interns are welcome to collaborate with VA faculty on research projects as time permits.

Primary Location: La Jolla VA Medical Center

Patient Population: Primarily male combat Veterans, aged 20 and older, who served during the Vietnam War, Korean War, the Persian Gulf, Iraq and Afghanistan.

Number of Staff in Clinic: Approximately 30

Number of Trainees in Clinic: 2

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**22. VA Substance Abuse/Mental Illness (SAMI) Program (Trim)**

**Overview:** The VA San Diego Substance Abuse/Mental Illness (SAMI) Program provides empirically-supported assessments and therapies for Veterans with co-occurring substance use and psychiatric disorders (e.g. depression, bipolar, PTSD, anxiety). This interprofessional team operates as a specialty mental health clinic within the larger Alcohol & Drug Treatment Program (ADTP) and the staff consists of members from psychology, psychiatry, social work, and research.

**Primary Supervisor(s):** Ryan Trim, Ph.D.

**Supervision:** The intern will benefit from a range of supervision modalities. During initial training, the intern will first observe clinical staff and then be observed and given feedback prior to seeing Veterans independently. The intern will have 1 hour/week of individual supervision with Dr. Trim incorporating case note reviews, role-play simulations, audiotape reviews, and other forms of narrative therapy. This supervision is supplemented by feedback in both the SAMI interprofessional team meeting and the group supervision meeting for ADTP/SAMI trainees ("SUD seminar"), as well as informal supervisor planning and feedback before and/or after group therapy sessions. The intern will also participate in group supervision for all therapists providing manualized PTSD/AUD treatments (Seeking Safety and COPE) within the clinical research study (see below); they will receive training in one or both of these treatments by fellows and faculty on the research team with ongoing feedback and supervision focusing on treatment fidelity throughout the year.

**Assessment and Treatment Opportunities:** This placement offers a wide range of clinical opportunities, with a focus on group therapy and psychological assessment with dually diagnosed Veterans. The intern will learn how to administer and interpret psychosocial/diagnostic interviews (with an emphasis on differentiating between substance-induced versus independent psychiatric problems). The intern will also serve as co-facilitators for treatment groups that integrate empirically supported interventions (i.e. CBT, ACT, MI, RP, etc.) for veterans at varying levels of recovery from substance use and psychiatric disorders. The intern will also serve as a therapist (typical caseload of 1-2
Veterans) for an ongoing VA clinical research study (PI: Sonya Norman) comparing individual therapies for Veterans with co-occurring PTSD and alcohol use disorder; there are also opportunities to conduct brief, individual therapy with veterans not enrolled in the research study. The intern may choose to provide informal, “layered” clinical supervision in the later stages of training (via structured format and feedback sessions with graduate student therapists).

**Didactics/Team Meetings:** Interns attend the weekly SAMI interprofessional team meeting and the weekly Substance Use Disorder seminar (which includes a 16-week didactic course on addictions designed to meet state pre-licensure requirements).

**Research Opportunities:** The Biobehavioral Addictions Research seminar meets approximately every other week and focuses on professional development, lab overviews, conference presentations, practice job/dissertation talks, and grant feedback. Additional research opportunities may be available with addictions faculty at VASDHS/UCSD (completion of dissertation is strongly encouraged prior to taking on new collaborative research projects).

**Primary Location:** La Jolla VA Medical Center

**Patient Population:** Veterans with co-occurring substance use and psychiatric disorders, ranging in age from early 20s to late 60s, primarily male, ethnically diverse.

**Number of Staff in Clinic:** Approximately 5

**Number of Trainees in Clinic:** 1-2 psychology graduate students; 1 psychology intern; 1 social work intern; 1-2 psychology postdocs

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### 23. Mental Health Tobacco Cessation Program (Myers)

**Overview:** Part of the VA San Diego National Tobacco Cessation Clinical Resource Center, the Mental Health Tobacco Cessation Program provides tobacco cessation treatment for veterans with psychiatric disorders. Interventions are group based and provided in inpatient and outpatient settings, including the Substance Abuse Residential Rehabilitation Program (SARRTP) and the outpatient Mental Health Clinic. The treatment team consists of psychologists, pharmacists and social workers.

**Primary Supervisor(s):** Mark Myers, Ph.D.

**Supervision:** Interns participate in individual supervision. Supervision is done initially by direct observation and later in the year is primarily through discussion/verbal report.

**Assessment and Treatment Opportunities:** The goal of this placement is for interns to become proficient in evidence-based treatment for tobacco use, and to gain skills for motivating veterans to quit tobacco use. Providing treatment exclusively for veterans with psychiatric disorders is a unique aspect of this placement. Tobacco cessation treatment is primarily cognitive-behavioral, and focuses on skills for managing urges to smoke, coping with high-risk situations and relapse prevention. Motivational interviewing skills and strategies are an important part of services provided by the program, which includes a motivational enhancement group and a telephone-delivered treatment engagement intervention. Trainees will also become knowledgeable regarding medications commonly used for tobacco cessation. Trainees will co-lead groups with other staff (including social workers and pharmacists).

**Didactics/Team Meetings:** Interns will typically attend the Addictions Seminar, which includes presentations and trainings by experts in substance use disorder treatment. Interns may also choose to attend the EBP seminar.
Research Opportunities: Interested interns may participate in ongoing research projects, e.g. co-writing manuscripts.

Primary Location: La Jolla Medical Center

Patient Population: Primarily male veterans of diverse ethnicity and with a broad range of psychiatric disorders. Most participants are middle-aged or older. Treatment settings include the Substance Abuse Residential Rehabilitation Program (SARRTP) and the outpatient Mental Health Clinic.

Number of Staff in Clinic: 3
Number of Trainees in Clinic: 4

CHILD

24. Rady Child and Adolescent Psychiatric Services (CAPS) (S.J. Brown)

Overview: CAPS is a locked inpatient unit dedicated to providing assessment and intervention to children and adolescents under the age of 18 who have diagnoses of severe mental illness. The children and adolescents hospitalized at CAPS typically have more than one Axis I diagnoses which may include depression, anxiety, bipolar disorder, posttraumatic stress disorder, schizophrenia, ADHD, and substance abuse, as well as comorbid illnesses and conditions. Additionally, the children and adolescents often have histories of abuse and neglect and the families may have transgenerational histories of psychiatric disorders, substance abuse and mental illness. An additional component of the training experience at CAPS is the multicultural nature of the milieu. It is common for the milieu to reflect such diverse cultures as Latino, Asian, African and Native American. Therapists must often work cross-culturally and typically learn how to incorporate cultural sensitivity into their assessment and treatment plans.

Primary Supervisor(s): Sandra J. Brown, Ph.D., ABPP

Supervision: Interns are supervised in a variety of ways. All interns receive a minimum of 1 hour weekly in individual supervision but on-going "drop in" supervision occurs regularly throughout each week. Interns also participate in weekly 1-2 hour group supervision in which interns present and discuss the children/adolescents they are working with, from both assessment and treatment perspectives. Narrative supervision is the primary modality for supervision but this is supplemented by in vivo supervision as well. Interns also have the opportunity to provide direct supervision to advanced practicum students.

Assessment and Treatment Opportunities: At CAPS, interns provide both intervention and assessment services. With regard to intervention, interns work intensively with patients on one team from the point of admission through discharge. Interns are responsible for both individual and family therapy for the children/adolescents on their caseload. Interns also co-facilitate one CBT or DBT group weekly. Primary intervention techniques commonly include CBT, DBT, and MI. All assessment and intervention is done within the inpatient setting. Interns also share responsibility for cognitive and personality assessments with practicum students. Assessments are done on a referral basis with (typically) 1-2 children/adolescents referred for testing weekly. While the majority of the testing is done by practicum students, interns have considerable opportunity to develop their skill in assessment through direct administration of tests, report writing and in-depth supervision, in both individual and group formats.

Didactics/Team Meetings: Interns attend multidisciplinary treatment team meetings weekly and a weekly seminar co-facilitated by psychology faculty. Interns are encouraged to
attend weekly Pediatric Psychiatry Grand Rounds and are welcome to attend other specialized didactic opportunities, depending on their individual interests.

**Research Opportunities:** Interns are welcome to initiate research activities when/if their dissertations are completed.

**Primary Location:** CAPS is physically located at Rady Children’s Hospital but all faculty and trainees are members of the Department of Psychiatry at UCSD.

**Patient Population:** All children/adolescents are younger than the age of 18 and typically have diagnoses of severe mental illness.

**Number of Staff in Clinic:** CAPS is staffed by a wide assortment of disciplines. Primary faculty includes one psychologist, three psychiatrists, one pediatrician and two social workers. Additional staff includes nursing, occupational therapy, recreational therapists, pharmacologists and dietitians.

**Number of Trainees in Clinic:** Four interns are among many other trainees at CAPS which includes 5 fellows in child psychiatry and typically 2-3 psychology practicum students. Second year residents in Psychiatry also rotate through the unit as do both third and fourth year medical students.

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**25. UCSD Child Outpatient Psychiatry (Williams/Brookman-Frazee)**

**Overview:** Rady Children’s Outpatient Psychiatry Clinic serves diverse needs of children and their families from San Diego and Imperial Counties as well as from the hospital. The clinic is the largest provider of county-funded outpatient mental health services for children and adolescents with a wide variety of psychiatric disorders. Client age range is 2-21 years old. Depending on the patient characteristics and funding mechanisms, some patients and families receive intensive short-term treatment, whereas others may remain in treatment for up to a year. Work with the families often includes case management and community liaison activities, including interaction with child protective services, family or juvenile courts, other health care providers, and the school systems.

**Primary Supervisor(s):** Katherine Nguyen Williams, Ph.D. and Lauren Brookman-Frazee, Ph.D.

**Supervision:** Interns will participate in individual and group supervision on a weekly basis. Supervision will entail both videotaped recordings and live observations.

**Assessment and Treatment Opportunities:** Interns have the opportunity to obtain experience in the following: a) diagnostic assessment; b) individual psychotherapy; c) family psychotherapy; d) group therapy; e) psychological testing of children and adolescents; and f) consultation (e.g., schools, psychiatrists). Approach to treatment: evidence-based therapies in the context of developmental psychopathology.

**Didactics/Team Meetings:** Child and Adolescent Psychiatry Grand Rounds, RCHOP-Central Seminars (in-service clinical trainings/talks), and Inter-disciplinary Treatment Team Meetings. Optional Didactics: Child & Adolescent Psychiatry Fellowship Seminars/Courses (e.g., Forensic, Neuropsychology, Psychopharmacology), ADOS Trainings (psych testing), Autism Seminars, Trauma Seminars, and Eating Disorder Seminars.

**Research Opportunities:** Opportunity to make connections with research investigators at the Child and Adolescent Services Research Center to discuss potential post-doctoral research opportunities.

**Primary Location:** Rady Children’s Hospital

**Patient Population:** Interns will gain experience with a diverse patient population, ranging in age from toddlers through adolescents and presenting with a variety of diagnoses,
including disruptive, mood, anxiety, substance abuse, and developmental disorders. The patient population is also diverse in terms of socio-economic status, race/ethnicity, and family composition.

Number of Staff in Clinic: 14 (psychiatrists, psychologist, licensed marriage and family therapists, and licensed clinical social workers)
Number of Trainees in Clinic: 16-18 (9 psychiatry fellows, 2 psychology interns, 1-3 psychology practicum students, 4 MFT trainees)

### TRAUMA

#### 26. VA La Jolla PTSD Clinical Team

**Overview:** The La Jolla PTSD Clinical Team serves Veterans of all service eras (e.g., Vietnam, Korea, Persian Gulf, Iraq, Afghanistan, Global War on Terror) with PTSD due to combat/military trauma, civilian trauma, interpersonal trauma, and military sexual trauma (MST). The multidisciplinary La Jolla PTSD Clinical Team meets weekly and consists of psychology, social work, nursing, and peer support providers who deliver treatment at the VA Medical Center in La Jolla.

**Primary Supervisor(s):**

**Supervision:** Individual supervision with possible video/audio-taping or direct supervision, group consultation, and possibly opportunities for interns to provide vertical supervision to practicum students

**Assessment and Treatment Opportunities:** Interns will develop empirically-based PTSD assessment and treatment skills through conducting comprehensive intake interviews with differential diagnosis, utilizing self-report measures for PTSD and related symptoms, and learning the Clinician Administered PTSD Scale (CAPS). Interns will conduct empirically supported individual and group psychotherapy for PTSD, primarily prolonged exposure (PE) and cognitive processing therapy (CPT). Interns may also conduct empirically-based cognitive behavioral- or ACT-focused interventions for posttraumatic anger, guilt, readjustment to civilian life difficulties, and comorbid conditions, particularly substance use disorders and TBI-related cognitive difficulties. Interns will learn to conduct individualized treatment planning, consult with multidisciplinary treatment team members, and assist with other VA clinic and community referrals.

**Didactics/Team Meetings:** Weekly La Jolla PTSD Clinical Team meeting; weekly didactic PTSD training seminar

**Research Opportunities:** Interns may examine research questions through the ongoing clinic evaluation study and have the opportunity to collaborate on manuscripts if interested.

**Primary Location:** VA Medical Center in La Jolla

**Patient Population:** Primarily male Veterans from all service eras with diverse racial and ethnic backgrounds

**Number of Staff in Clinic:** 7

**Number of Trainees in Clinic:** 2 interns, 1-2 graduate practicum students, 1 postdoctoral fellow, 1 psychiatry resident (variable)

#### 27. VA Mission Valley PTSD Clinic (Campbell)
Overview: The VA Mission Valley PTSD Clinical Team serves Veterans of all service eras (e.g., Vietnam, Korea, Persian Gulf, Iraq, Afghanistan, Global War on Terror) with PTSD due to combat/military trauma. The multidisciplinary VA Mission Valley PTSD Clinical Team meets weekly and consists of psychology, psychiatry, nursing, social work, chaplain, and peer support providers who deliver treatment at the VA Outpatient Clinic in Mission Valley.

Primary Supervisor(s): Lisa B. Campbell, Ph.D.

Supervision: Individual supervision with possible video/audio-taping or direct supervision, group consultation, and opportunities for interns to provide vertical supervision to practicum students

Assessment and Treatment Opportunities: Interns will develop empirically-based PTSD assessment and treatment skills through conducting comprehensive intake interviews with differential diagnosis, utilizing self-report measures for PTSD and related symptoms, and learning the Clinician Administered PTSD Scale (CAPS). Interns will conduct empirically supported individual and group psychotherapy for PTSD, primarily prolonged exposure (PE) and cognitive processing therapy (CPT). Interns may also conduct empirically-based cognitive behavioral- or ACT-focused interventions for posttraumatic anger, guilt, readjustment to civilian life difficulties, and comorbid conditions, particularly substance use disorders and TBI-related cognitive difficulties. Interns will learn to conduct individualized treatment planning, consult with multidisciplinary treatment team members, and assist with other VA clinic and community referrals.

Didactics/Team Meetings: Weekly Mission Valley PTSD Clinical Team meeting; weekly didactic PTSD training seminar

Research Opportunities: Interns may examine research questions through the clinic evaluation study and have the opportunity to collaborate on manuscripts if interested.

Primary Location: VA Medical Center in Mission Valley

Patient Population: Primarily male Veterans from all service eras with diverse racial and ethnic backgrounds

Number of Staff in Clinic: 12
Number of Trainees in Clinic: 1 intern, 1 graduate practicum student

28. Military Sexual Trauma & Interpersonal Trauma (MST&IPT) Clinic (Allard)

Overview: The VA San Diego MST&IPT Clinic provides empirically-supported assessments and therapies for Veterans who are experiencing psychological distress related to military sexual trauma (MST) and/or other interpersonal trauma (IPT), including Posttraumatic Stress Disorder (PTSD) and related difficulties (e.g., depression, guilt/shame, emotional dysregulation, relationship difficulties, sexual dysfunction). The MST & IPT Clinic comprises an interdisciplinary team and uses a stepped care approach to meet the unique needs of patients at each stage of their recovery. In addition to providing clinical services, the MST & IPT Clinic engages in awareness raising and education efforts to increase the MST screening rate throughout the VASDHS; to destigmatize survivors of sexual assault and inform Veterans and VA, military and community providers about sexual trauma sequelae and treatment; and increase access to services for Veterans who have experienced MST. The Clinic also has an active research team that conducts studies to identify risk and resiliency factors of posttraumatic distress and treatment outcome predictors, and to develop and test interventions addressing the unique presentations of distress experienced by MST & IPT
survivors.

Primary Supervisor: Carolyn Allard, Ph.D.

Supervision: Trainees will benefit from individual and team supervision, which will include live supervision while co-leading groups and review of audio and/or video recorded sessions.

Assessment and Treatment Opportunities: The focus of this placement is on training in the assessment and treatment of PTSD using empirically supported interventions (e.g., Prolonged Exposure [PE], Cognitive Processing Therapy [CPT], Acceptance and Commitment Therapy [ACT]). Trainees also have the opportunity to receive training in the treatment of trauma-related guilt, sexual dysfunction, interpersonal functioning/communication, and emotion dysregulation.

Didactics/Team Meetings: Trainees are active participants in the weekly MST&IPT team meeting, which include trainings, program development, case presentations and consultations, support and sharing of self-care practices. Trainees also attend the weekly PTSD Seminar, which includes presentations and trainings by experts in assessments, treatments, and conditions associated with trauma.

Research Opportunities: Trainees may participate in research as assessors and therapists in current research studies, attend research meetings, and participate manuscript and grant preparations if interested.

Primary Location: Mission Valley VA Outpatient Clinic and La Jolla VA Medical Center.

Patient Population: The MST&IPT Clinic serves male (40%) and female (60%) Veterans from all age groups, ethnic backgrounds, and military service eras and branches.

Number of Staff in Clinic: This interdisciplinary team consists of two licensed psychologists, a clinical pharmacist, a social worker, and a licensed vocational nurse.

Number of Trainees in Clinic: This is variable from year to year, but generally the team includes two postdoctoral fellows, a pre-doctoral intern, and one to two practicum students.

29. The VA ASPIRE Center

Overview: The ASPIRE Center is a 40-bed residential treatment facility focused on recovery from PTSD and TBI in homeless/risk of homeless OEF/OIF/OND Veterans. Although symptom reduction is an important treatment goal of learning-based interventions for PTSD, intervention targets have expanded to include quality of life and functioning in social and instrumental role domains among patients with more complex psychosocial needs and comorbidities. As such, the focus of rehabilitation and recovery efforts at the ASPIRE Center is to ultimately improve real-world community functioning. The program model parallels that of a community college, in which Veterans design, through shared decisions, a treatment plan that maps onto their individualized recovery plan. The Center provides state-of-the-art interprofessional rehabilitation, and the trainee will collaborate with ASPIRE staff representing the full range of disciplines, including nursing, psychiatry, psychology, neuropsychology, social work, vocational rehabilitation, chaplaincy, addiction therapists, and OT.

Primary Supervisor: Lori Haase, Ph.D.

Supervision: Intern will have one primary supervisor and will interact regularly with other psychologist, postdoctoral fellow and ASPIRE Center staff (e.g., psychiatrist, social work) through group supervision, team meetings and co-therapy.

Assessment and Treatment Opportunities: Interns have the opportunity to gain hours in almost every category of clinical care, including: a) diagnostic assessment; b) individual
therapy; c) group therapy; d) supervision and didactics. Interns will learn to deliver evidence-based interventions for PTSD (e.g., Cognitive Processing Therapy and Prolonged Exposure). In addition, interns will learn to administer, score and interpret comprehensive neuropsychological assessments for Veterans with history of TBI, and provide feedback regarding test results. Students will gain from participating in a multidisciplinary training environment, which includes diverse clinicians and trainees and clinical and translational academic researchers.

**Didactics/Team Meetings:** Interns will participate in daily, interdepartmental treatment team meetings to orchestrate care; staff typically include psychiatry, pharmacy, social work, nursing, vocational rehabilitation, occupational therapy, dietician, chaplain. Interns will also attend the following weekly seminars: PTSD and Clinical Neuropsychology Seminar.

**Research Opportunities:** As time and interest permits, interns may participate in research examining archival clinical data, performance improvement data, affiliate with research projects conducted by supervisors, and/or co-author manuscripts.

**Primary Location:** Old Town San Diego at the ASPIRE Center

**Patient Population:** Male and female Veterans who are younger (aged 20 to 40 is typical) and who have been diagnosed with either PTSD or TBI and who are unstably housed. There is also opportunity to work with a subset of the Veterans who have primary diagnoses of psychotic disorders, chronic pain, mood disorders, or anxiety disorders other than PTSD

**Number of Staff in Clinic:** 26 full-time staff, including psychiatry, pharmacy, nursing, psychology, chaplain services, vocational rehabilitation, occupational therapy, health education, recreation opportunities, dietary services, and yoga and mindfulness-based interventions.

**Number of Trainees in Clinic:** 1 postdoctoral research fellow and 1-2 doctoral practicum students.

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30. **VISN 22 Telemental Health Center.**

**Overview:** The VISN 22 TMH Center has 13 offices with state-of-the-art telehealth technology utilized for clinical care of Veterans across the VISN 22 Region. This Center consists of a multidisciplinary team of psychiatrists, psychologists, social workers, and researchers and a robust training program focused on proving Evidence-based Psychotherapy (EBP) specialty care to Veterans using live, interactive videoconferencing; particularly targeting those Veterans in rural and underserved communities. The VISN 22 TMH Center resides within the VASDHS operating under the Mental Health Care Line, providing individual, couple, and group therapy in addition to medication management to Veterans presenting with range of mental health issues including PTSD, Depression, and Anxiety. The VISN 22 TMH Center provides opportunities to a range of clinical trainees to develop their EBP clinical skills and develop a niche in the field working with rural veterans and innovative technology applications. Interns will work directly with Veterans who are referred for specialty services, specifically EBP for PTSD, Anxiety, Depression, and Anger Management. The intern will have opportunities to learn about EBPs and then have the unique opportunity to provide such therapies to Veterans using our innovative technology platforms. Trainees will learn to develop skills necessary to work with various cultural groups in a unique way.

**Primary Supervisor:** Leslie Morland, PsyD

**Supervision:** Weekly individual
Assessment and Treatment Opportunities: Initial psychological evaluation experience as well as training in evidence based practices for PTSD (Cognitive Processing Therapy and Prolonged Exposure Therapy), Depression (Cognitive Behavioral Therapy and Acceptance Commitment Therapy), Anxiety (Cognitive Behavioral Therapy and Acceptance Commitment Therapy), and Insomnia (Cognitive Behavioral Therapy for Insomnia)

Didactics/Team Meetings: Weekly staff meetings; bi-weekly case consultation and didactics

Research Opportunities: Current ongoing randomized clinical trials with telemental health and PTSD.

Primary Location: Old Town San Diego at the ASPIRE Center

Patient Population: Male and Female veterans; multiple war eras

Number of Staff in Clinic: The TMH team includes 8 psychologists, 2 social workers, 1 psychiatrist, administrative support staff, and several research psychologists

Number of Trainees in Clinic: 1 psychology intern, 1 psychology practicum student, 1 social work intern, 3 psychiatry residents
SECTION 3: INTERNSHIP POLICIES AND PROCEDURES

This section presents our current policies regarding a number of common issues affecting internships.

Qualification Standards

The following qualification standards are required for a student’s application to be considered:

- Only applicants from APA-approved doctoral programs in clinical or counseling psychology will be considered.
- Interns are expected to have completed at least three years of doctoral study before beginning the internship year, including at least 1,000 clinical practicum hours; applicants must be on track to complete this requirement.
- Applicants should also have proposed their dissertation before applying to this internship.
- Only students who have completed their department’s practicum requirements and whose department indicates that the student is ready for a pre-doctoral internship should apply.

Our internship program trains doctoral candidates to function as autonomous psychologists in health care settings that place a strong emphasis on teaching and research, using the Boulder, scientist-practitioner model. As such, we attempt to recruit students with balanced experiences in both clinical and research domains rather than students with predominantly clinical professional focus. The majority of our Interns develop careers that include a research component.

Accreditation

The Internship Program is accredited by APA. To confirm status contact APA at the following address:

Office of Program Consultation and Accreditation
American Psychological Association
750 First Street, N.E.
Washington, DC 20002-4242
Phone: (202) 336-5979
Fax: (202) 336-5978
Email: apaaccred@apa.org

Application Procedures

The internship year begins on July 1, 2016. The application deadline is November 1, 2015. By mid-December a select number of applicants will be invited for a full day of interviews in mid-January. Serious candidates are strongly encouraged to visit San Diego if selected for an interview. Applicants who are unable to schedule a personal interview may be interviewed by phone or video conference (e.g., Skype) when possible.

Applicants will complete and submit the AAPI Online to internship programs of interest. The AAPI can be completed at http://www.appic.org. In addition, the usual application packet (cover letter, CV, letters
of recommendation, DCT verification of AAPI, graduate transcripts) will all be submitted through the online application portal.

Applicants are asked to rank order up to three Positions that define their primary interests and for which they wish to apply (see Appendix D for the list of Positions). Please clearly list this rank order in your cover letter.

If you have questions about the application procedures, please call or email our Internship Coordinator:

Phone: (858) 642-3944
Email: pinternship@ucsd.edu

Selection of Interns-APPIC

The UCSD/VA Psychology Internship Training Program is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC). Offers are tendered to applicants through the APPIC National Computer Match process in strict compliance with APPIC policy regarding internship offers and acceptances. Instructions for the APPIC-MATCH Procedures can be found on the APPIC Web Site at www.appic.org/match. This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant. Applicants are similarly expected to conform their behavior to the requirements of the AAPIC program. All participating agencies of the UCSD/VA Psychology Internship Program are Equal Opportunity Employers and we encourage ethnic minority applicants.

Supervision

At the beginning of the internship year, the Psychology Internship Training Committee assigns each intern two primary supervisors, one for each placement within their Position. These supervisors are responsible for the direct training of the intern throughout the year. It is the intern's responsibility to confer regularly with the supervisors. In some instances primary supervisors may be changed during the year if faculty leave the program or a change proves advantageous for the intern.

In addition to the primary supervisors, each intern may have several other placement supervisors assigned to him or her during the course of the year. Placement supervisors are senior psychologists assigned to the unit or clinic in which the intern is placed. Additional specialized supervision may also be provided by psychologists who are active clinicians in the community but are not directly assigned to the placement clinic. Nearly all supervisors have faculty or staff appointments in the Department of Psychiatry, UCSD.

Training Methods

In helping interns acquire proficiency in the core competency areas noted previously (see Section 1), a training approach is used in which internship learning objectives are accomplished primarily through experiential clinical learning under the supervision and mentoring of licensed psychologists. All work
performed by interns during the internship year must be under the supervision of a licensed psychologist. Interns work with and are supervised by psychologists who serve as consultants to medical staff members or who serve as members of multidisciplinary teams in treatment units or programs. The internship is primarily learning oriented and training considerations take precedence over service delivery. Generally, an intern's training in a given placement will follow a progression from observation to increasingly autonomous, albeit monitored and supervised, activity.

Essentially a developmental approach to experiential clinical learning and supervision is utilized. Interns receive a minimum of four hours of supervision each week. Each intern receives at least two hours of individual supervision each week: An hour or more by each by their major placement supervisors and one to three hours of group supervision. In addition to the core competency areas, supervisors also teach and provide supervision to interns in specific methods of assessment and treatment approaches, depending on the particular placement and particular supervisor. Complementing basic individual and group supervision, through the process of working closely with a number of different supervisors, interns are also exposed to role modeling and mentoring on an ongoing basis.

Office Hours and Vacation Policy

The general office hours for the internship cover Monday through Friday. Interns are generally expected to work 40-45 hours/week. However, the intern's professional responsibilities may extend the work week beyond its customary 45 hours at various times throughout the year. Additionally, some placements require evening clinics on one night of the week. Interns and supervisors will collaborate to develop the exact schedule to meet the needs of the clinic and the intern.

There are a total of 20 leave days allowed per year, for ALL personal absences (i.e., vacation, sick leave, dissertation defense, conferences, etc.). Interns must reserve 4 of these personal days until his/her dissertation is defended. This will help ensure adequate time is available to return to the home university for the defense. No leave is allowed in June, July or during interview week in January unless by approved by the Training Directors. In addition to these 20 days of leave, regularly scheduled paid holidays and those designated by appropriate administrative authority are available to the interns.

Interns must formally request leave at least 60 days in advance from both primary supervisors. This is necessary for planning clinic coverage. An exception to the ADVANCED SUPERVISOR APPROVAL rule would be a true emergency (i.e., a death in the family). Emergency leave would count against the 20 days total.

A more detailed office hour and vacation policy is located in the intern handbook but is available to applicants upon request to the Internship Coordinator.

Requirements for Completion of the Internship

To successfully complete the internship, interns are expected to meet the following requirements:

1. **2080 Hours**: Requirement of one year of full-time training to be completed in no less than 12 months. Interns must complete 2080 hours of supervised on-duty time during the internship year.
2. **Patient Contact:** Interns are expected to average 24 hours each week minimum in direct patient contact. These minimums may, at times, be exceeded. Direct patient contact includes only "face to face" contact with patients for any type of group or individual therapy, psychological testing, assessment activities, or patient education. Successful completion of the internship requires a minimum of 1200 hours of direct patient contact.

3. **Didactic Training:** Interns are required to attend the weekly Psychology Internship Seminar Series. Interns are encouraged and often required to attend in-service conferences and other didactic presentations associated with their placements.

4. **Competence in Clinical Activities:** At the end of each placement, in the judgment of his/her supervisor and the Training Directors, each intern must have achieved a satisfactory level of competence. To successfully complete the internship, interns must meet minimal competency requirements [Level 3] in 80% of the competency objectives and have no unacceptable competency ratings.
### SECTION 4:

#### 2016-2017 Proposed Internship Seminar Schedule

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<th>Date</th>
<th>Name</th>
<th>Topic</th>
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</thead>
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<td>July 7, 2016</td>
<td>Tom Rutledge</td>
<td>Is it Depression or Disease</td>
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<tr>
<td>July 14, 2016</td>
<td>Leslie Morland</td>
<td>Telemedicine Psychiatry</td>
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<tr>
<td>July 21, 2016</td>
<td>Mark Jacobson</td>
<td>Working with LGBT Clients</td>
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<td>July 28, 2016</td>
<td>Sandy Brown</td>
<td>Pediatric Assessment</td>
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<tr>
<td>August 4, 2016</td>
<td>Brian Buzzella</td>
<td>Mentoring and Professional Development</td>
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<tr>
<td>August 11, 2016</td>
<td>Sandy and Amy</td>
<td>Beach Party</td>
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<tr>
<td>August 18, 2016</td>
<td>Sandy and Amy</td>
<td>2-Month Co-Director Check In</td>
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<tr>
<td>August 25, 2016</td>
<td>Eunice Kim</td>
<td>Becoming a Supervisor</td>
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<td>September 1, 2016</td>
<td>Colin Depp</td>
<td>Mood Disorders</td>
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<tr>
<td>September 8, 2016</td>
<td>Abigail Angkaw</td>
<td>Motivational Interviewing</td>
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<tr>
<td>September 15, 2016</td>
<td>Amy Jak</td>
<td>Assessment: TBI and Functional Consequences</td>
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<tr>
<td>September 22, 2016</td>
<td>Emmanuel Espejo</td>
<td>Incorporating Culture into a Case Formulation</td>
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<td>September 29, 2016</td>
<td>Autumn Backhaus &amp;</td>
<td>Law &amp; Ethics</td>
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<tr>
<td>October 6, 2016</td>
<td>Tammy Wall, Amy Jak, Sandy Brown, Steve Sparta, Liz Klonoff, Bob Heaton, Mike Kalichman</td>
<td>Law &amp; Ethics</td>
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<tr>
<td>October 13, 2016</td>
<td>TBA</td>
<td>Postdoc Panel: What do I want and How do I find it?</td>
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<td>October 20, 2015</td>
<td>Sonya Norman</td>
<td>Comorbid Substance Use Disorders</td>
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<td>October 27, 2016</td>
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<td>Safety Training</td>
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<td>November 3, 2016</td>
<td>TBD</td>
<td>Alternative Career Paths</td>
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<td>November 10, 2016</td>
<td>Veronica Cardenas</td>
<td>Working with Latino/a clients</td>
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<tr>
<td>Date</td>
<td>Speaker</td>
<td>Topic</td>
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<tr>
<td>November 17, 2016</td>
<td>Vince Filoteo</td>
<td>Assessment: Consultation Liaison</td>
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<td>November 24, 2016</td>
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<td>THANKSGIVING</td>
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<td>December 1, 2016</td>
<td>Lori Haase</td>
<td>Professional Burnout</td>
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<td>December 8, 2016</td>
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<td>Holiday Party</td>
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<td>December 15, 2016</td>
<td>Greg Brown</td>
<td>Assessment: Adult Neuropsych Assessment</td>
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<td>December 22, 2016</td>
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<td>No Seminar</td>
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<td>December 29, 2016</td>
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<tr>
<td>January 5, 2017</td>
<td>Kathy Williams</td>
<td>Childhood Psychopathology</td>
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<td>January 12, 2017</td>
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<td>Intern Interviews</td>
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<td>January 19, 2017</td>
<td>Arpi Minassian</td>
<td>Assessment and Treatment of Patients with Burn</td>
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<td>January 26, 2017</td>
<td>Josh Ruberg</td>
<td>Assessment: Brief Psychodiagnostic Assessment</td>
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<td>February 2, 2017</td>
<td>Christine Rufener</td>
<td>Recovery, Peer Support, and Stigma</td>
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<td>February 9, 2017</td>
<td>Karen Hansen</td>
<td>Assessment: Functional Assessment of Older Adults</td>
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<td>February 16, 2017</td>
<td>Leslie Anderson</td>
<td>Assessment and Treatment of Eating Disorders</td>
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<tr>
<td>February 23, 2017</td>
<td>Sarah Nunninck</td>
<td>Long-term effects of child maltreatment with an emphasis on attachment</td>
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<tr>
<td>March 2, 2017</td>
<td>Lauren Brookman-Frazee</td>
<td>Autism</td>
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<td>March 9, 2017</td>
<td>Eric Granholm</td>
<td>CBT and Psychosis</td>
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<td>March 16, 2017</td>
<td>Marc Norman</td>
<td>Assessment: Assessment in Medically Ill Populations</td>
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<td>March 23, 2017</td>
<td>Health Services Research Center</td>
<td>Program Evaluation</td>
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<td>March 30, 2017</td>
<td>Beth Twamley</td>
<td>Assessment: Comorbid Psychosis and Cognitive Disorders</td>
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<tr>
<td>April 6, 2017</td>
<td>Natalie Castriotta</td>
<td>ACT</td>
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<td>April 13, 2017</td>
<td>Co-Directors</td>
<td>End of Year Review and Feedback</td>
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<td>April 20- June 22, 2017</td>
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<td>Intern Case Presentations</td>
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SECTION 5:

PSYCHOLOGY INTERNSHIP PROGRAM
ORGANIZATIONAL CHART

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Sandra J. Brown, Ph.D., ABPP
Co-Director of Internship Training

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PSYCHOLOGY INTERNSHIP TRAINING COMMITTEE (PITC)

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Carolyn Allard, Ph.D.
Leslie Anderson, Ph.D.
Autumn Backhaus, Ph.D.
Mark W. Bondi, Ph.D.
Lauren Brookman-Frazee, Ph.D.
Gregory Brown, Ph.D.
Sandra J. Brown, Ph.D.
Brian Buzzella, Ph.D.
Lisa Campbell, Ph.D.
Natalie Castriotta, Ph.D.
Veronica Cardenas, Ph.D.
Brittany Davis, Ph.D.
Colin Depp, Ph.D.
J. Vincent Filoteo, Ph.D.
Eric Granholm, Ph.D.
Lori Haase, Ph.D.
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Sarah E. Nunnink, Ph.D
Jessie Seong-Yeon Park, Ph.D.
Carmen Pulido, Ph.D.
Valerie Rice, Ph.D.
Joshua Ruberg, Ph.D.
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Tamara L. Wall, Ph.D.
Christina Wierenga, Ph.D.
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PSYCHOLOGIST TRAINING FACULTY

Vitae Abstracts

Niloofar Afari, Ph.D. received her Ph.D. in Clinical Psychology from the University of Nevada, Reno in 1996. She completed a predoctoral internship and postdoctoral training at the University of Washington School of Medicine in Seattle, Washington, where she also was a faculty member from 2000-2006. She is Associate Professor in Residence of Psychiatry at the University of California, San Diego, Director of Clinical Affairs for the VA Center of Excellence for Stress and Mental Health, and the Co- Director of the Behavioral Medicine program at the San Diego VA Psychology Service. Dr. Afari is a supervisor for the Behavioral Medicine rotation at the Mission Valley Outpatient Clinic. Her clinical work is focused on the use of Acceptance and Commitment Therapy to treat chronic pain, binge eating in obesity, and other chronic medical conditions. Her research uses NIH-funded twin studies to examine the genetic and environmental contributions to chronic pain, and VA-funded outcome studies related to the treatment of stress in health conditions. http://psychiatry.ucsd.edu/About/faculty/Pages/niloofar-afari.aspx

Carolyn B. Allard, Ph.D. received her Ph.D. in Clinical Psychology from the University of Oregon. Dr. Allard is Program Director of the Military Sexual Trauma & Interpersonal Trauma (MST & IPT) Clinic at the VASDHS, and Assistant Professor of Psychiatry at the University of California, San Diego. She is involved in several VA, DoD and NIMH funded studies. Current research activities include studying the effects of interpersonal trauma, trauma-related guilt, and risk factors of posttraumatic distress, revictimization, and predictors of treatment outcomes. She serves as research supervisor to undergraduate and graduate research assistants and provides psychotherapy and supervision in empirically supported trauma informed treatments, including prolonged exposure, cognitive processing therapy, acceptance and commitment therapy. She is a member of the International Society for Traumatic Stress Studies, charter member of APA’s Division 56 and co-chair of the Division’s Early Career Psychologist Committee, and is on the editorial board of the Journal of Trauma and Dissociation. http://psychiatry.ucsd.edu/About/faculty/Pages/carolyn-allard.aspx

Leslie Karwoski Anderson, PhD received her PhD in clinical psychology from the University of Kansas, and completed her clinical internship at Duke University Medical Center. She is currently an assistant clinical professor and director of the Dialectical Behavior Therapy (DBT) program at the UCSD Eating Disorder Program. She runs DBT groups for both adolescents and adults with eating disorders, and sees patients in the eating disorder program for family-based and individual treatment of anorexia, bulimia, binge eating disorder and EDNOS. Her research interests are in treatment development, evaluation, and outcomes. http://eatingdisorders.ucsd.edu/faculty/

Autumn L. Backhaus, Ph.D. received her Ph.D. in psychology from the University of Nebraska-Lincoln, and completed her clinical internship and postdoctoral fellowship at the University of California, San Diego (UCSD). Dr. Backhaus is an Assistant Clinical Professor of Psychiatry at UCSD and a staff psychologist with VASDHS in the Military Sexual Trauma and Interpersonal Trauma and Behavioral Medicine Clinics. Her current research activities and interests include: program and policy evaluations and outcomes, psychotherapy via telemedicine, binge eating and obesity in veterans, and the role of trauma on binge eating and treatment. She provides psychotherapy and supervision in empirically supported and trauma informed treatments including prolonged exposure, cognitive processing therapy, and acceptance and commitment therapy. Dr. Backhaus is a supervisor for the Behavioral Medicine rotation in the Mission Valley Outpatient Clinic. She conducts clinical work and supervision focused on the use of Acceptance and Commitment Therapy and Cognitive Behavioral Therapy to treat chronic pain and other chronic medical conditions.
Mark W. Bondi, Ph.D., received his Ph.D. in Clinical Psychology from the University of Arizona in 1991 after completing a Predoctoral Internship in Clinical Psychology and Neuropsychology at the Veterans Affairs San Diego Healthcare System (VASDHS) and the University of California, San Diego (UCSD) School of Medicine (1990-1991). He then completed an NIH Postdoctoral Fellowship at UCSD from 1991-1993 prior to joining UCSD's faculty. Dr. Bondi is currently a Professor of Psychiatry at UCSD and Director of the Neuropsychological Assessment Unit at the VASDHS. He is a Diplomat of the American Board of Professional Psychology – Clinical Neuropsychology subspecialty – and Fellow of APA Division 40 (Clinical Neuropsychology) and the National Academy of Neuropsychology. He serves on the Board of Governors of the International Neuropsychological Society and on the Board of Directors for the American Board of Clinical Neuropsychology. Dr. Bondi is the current recipient of a Mid-Career Investigator Award in Patient-Oriented Research from the National Institute on Aging, and he is principal investigator of additional NIH and Alzheimer’s Association grants. His research interests center on the cognitive and brain changes of individuals at risk for dementia. He has published two books and over 120 articles and book chapters, serves as a reviewer for a number of journals and grant agencies, and he is Associate Editor for the Journal of the International Neuropsychological Society.

http://psychiatry.ucsd.edu/About/faculty/Pages/mark-bondi.aspx

Lauren Brookman-Frazee, Ph.D., received her Ph.D. from the Counseling, Clinical, and School Psychology Program at the University of California, Santa Barbara. She completed her pre-doctoral clinical internship at UCSD and her post-doctoral fellowship at UCSD and the Child and Adolescent Services Research Center. She is currently an Associate Professor in the UCSD Department of Psychiatry, primary supervisor at the Rady Children's Hospital Outpatient Psychiatry rotation, Research and Training Director at the Autism Discovery Institute at Rady Children's, and Research Scientist at the Child and Adolescent Services Research Center. Her clinical expertise is in the areas of autism spectrum disorders, disruptive behavior problems, and parent training interventions. Her NIMH-funded research studies are focused on examining the effectiveness and implementation of evidence-based practice strategies for children with autism spectrum disorders in publicly-funded mental health services and the sustainment of evidence-based practices for a broad population of children in these service settings.

http://psychiatry.ucsd.edu/About/faculty/Pages/lauren-brookman-frazee.aspx

Gregory G. Brown, Ph.D. received his Ph.D. in Clinical Psychology from Wayne State University in 1977. Dr. Brown is Professor of Psychiatry, UCSD Department of Psychiatry, Co-Director NeurolImaging Unit, VISN 22, MIRECC and Director of the UCSD NeurolImaging and Behavioral Analysis Laboratory. His research has focused on abnormalities of brain metabolism and blood flow associated with neurological diseases and psychological disorders; mathematical modeling of pharmacologically induced and naturally occurring memory pathology; and functional magnetic resonance imaging. Dr. Brown is a Diplomat of the American Board of Professional Psychology - Clinical Neuropsychology Subspecialty and Fellow of Division 40 of the American Psychological Association. He is a consulting editor to the Journal of Clinical and Experimental Neuropsychology and Editor of Neuropsychology – a journal of the American Psychological Association.

http://psychiatry.ucsd.edu/About/faculty/Pages/gregory-brown.aspx

Sandra J. Brown, Ph.D., received her Ph.D. in clinical neuropsychology from the University of Windsor in 1987 after completing an Internship at Henry Ford Hospital in Detroit, specializing in neuropsychology. She is currently a Clinical Professor of Psychiatry in the UCSD School of Medicine, the Co-Director of Internship Training and directs the internship rotation training program at the Child and Adolescent Inpatient Psychiatric Service (CAPS). Dr. Brown is also a Diplomat of the American Board of Professional Psychology with a specialty in Neuropsychology, a member of Division of 40 of the American Psychological Association and a member of the International Neuropsychological Society. Her clinical
interests include neuropsychological functioning in children and adults with neurological and psychiatric disorders. http://psychiatry.ucsd.edu/About/faculty/Pages/sandra-brown.aspx

Brian Buzzella, Ph.D., ABPP received his Ph.D. in Clinical Psychology from Boston University in 2011. Dr. Buzzella attended the UCSD/VA San Diego Psychology Internship Training Program (2010-2011), splitting time between the VA’s Family Mental Health Program and UCSD’s Child and Adolescent Psychiatric Services (CAPS) inpatient unit. He completed fellowship in the OEF/OIF/OND PTSD Treatment Clinic through the VASDHS/UCSD Clinical Psychology Postdoctoral Residency Program. Dr. Buzzella is currently an Assistant Professor of Psychiatry in the UCSD School of Medicine, as well as the Director of the Family Mental Health Program in the VASDHS Psychology Service. His research focuses on the prevention and amelioration of relational distress. His clinical work uses Cognitive Behavioral Couple Therapy, Integrative Behavioral Couple Therapy, and elements of Emotionally Focused Couple Therapy to treat relational distress among Veteran couples with a wide range of presenting complaints (e.g., preventative relationship education, repair from an emotional hurt, recovery from an affair).

Lisa B. Campbell, Ph.D. received her Ph.D. in Clinical Psychology from the University of Nevada, Reno in 2004 after completing her pre-doctoral internship at the VA Loma Linda Healthcare System. She then completed her postdoctoral training in behavioral medicine, anxiety disorders, and military sexual trauma at VA San Diego. Dr. Campbell is currently a staff psychologist at VASDHS, where she provides service in the Telemental Health program and directs the South County PTSD program which specializes in treatment of combat related trauma for veterans of all eras at the Mission Valley outpatient clinic. Her clinical interests include treatment of PTSD with empirically supported treatments including Prolonged Exposure and Cognitive Processing Therapy.

Natalie Castriotta, Ph.D. received her Ph.D. in Clinical Psychology from the University of California, Los Angeles (UCLA) in 2013 after completing a predoctoral internship in clinical psychology at the VA Long Beach. She completed postdoctoral fellowships within both the VA San Diego/UCSD Postdoctoral Residency Program and the UCLA Anxiety and Depression Research Center, where she specialized in evidence based treatment for anxiety and related disorders. Dr. Castriotta is a Staff Psychologist at the VA San Diego within the Behavioral Health Interdisciplinary Program (BHIP). Dr. Castriotta’s clinical interests center on the use of cognitive behavioral therapy (CBT, including third-wave) in the treatment of a wide range of anxiety, mood, trauma, and personality disorders. Dr. Castriotta’s research interests include the mechanisms of change following cognitive and behavioral treatments, strategies for optimizing the effectiveness of exposure-based therapies, and means of disseminating evidence-based treatments.

Veronica Cardenas, Ph.D. is an Assistant Clinical Professor and Associate Director for Training and Education, Psychiatry and Psychosocial Services; Patient and Family Support Services. She is a bilingual licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, she provides psychological assessment, diagnosis or ongoing therapy for patient and families who are experiencing issues that are either related to the cancer experience or are interfering with cancer treatment. http://psychiatry.ucsd.edu/About/faculty/Pages/veronica-cardenas.aspx

Brittany Davis, Ph.D. received her doctorate in Clinical Psychology from Alliant International University San Diego. She completed her predoctoral internship in the UCSD/VA San Diego Psychology Internship Program, and completed two years of postdoctoral research and clinical training through VA San Diego specializing in co-morbid PTSD and substance use disorders (SUD). Dr. Davis is currently a staff psychologist in the Substance Abuse Residential Rehabilitation Treatment Program (SARRTP) and the Substance Abuse and Mental Illness (SAMI) Clinic at the VA San Diego where she conducts and supervises both residential and outpatient individual and group interventions for Veterans with combat-related PTSD and comorbid SUD. Her clinical work includes utilizing cognitive-behavioral therapy (CBT)
evidence-based practices for co-occurring PTSD and SUD, such as Prolonged Exposure, Cognitive Processing Therapy, Dialectical Behavioral Therapy Skills, Seeking Safety, CBT for SUD, relapse prevention, and motivational enhancement. Dr. Davis is active in co-occurring PTSD and SUD research and is currently a co-investigator on a VA MERIT randomized controlled trial comparing coping-skills based therapy to exposure-based therapy for Veterans with co-occurring PTSD and alcohol use disorders (PI: Sonya Norman). She also is interested in research looking into program development, evaluation, and the implementation of evidence-based principles with a PTSD/SUD population.

Colin Depp, Ph.D. is an Associate Professor in the Department of Psychiatry at the School of Medicine of the University of California, San Diego (UCSD). He is a Staff Psychologist in the VA San Diego and Director of the Mood Disorders Program. Dr. Depp is also the Deputy Director of the Education and Training Division of UC San Diego’s Clinical and Translational Research Institute and he is a faculty member at UCSD’s Sam and Rose Stein Institute for Research on Aging. Dr. Depp received his bachelor’s degree from the University of Michigan and his doctorate in clinical psychology from the University of Louisville. He then completed a pre-doctoral internship at the Palo Alto Veteran’s Administration and a National Research Service Award post-doctoral fellowship in the Division of Geriatric Psychiatry at UCSD. [http://psychiatry.ucsd.edu/About/faculty/Pages/colin-depp.aspx](http://psychiatry.ucsd.edu/About/faculty/Pages/colin-depp.aspx]

J. Vincent Filoteo, Ph.D. received his Ph.D. in Clinical Psychology in 1994 from the Joint Doctoral Program in Clinical Psychology at the University of California, San Diego, and San Diego State University. He completed his internship at the University of California, San Diego and the Veterans Administration Hospital in San Diego, where he specialized in adult neuropsychology. Dr. Filoteo is a Professor, In Residence, in the Department of Psychiatry at the University of California, San Diego. His research interests are in the cognitive neuroscience of learning, memory, and attention, as well as the neuropsychology of dementia (Alzheimer's disease, Dementia with Lewy Bodies) and basal ganglia disorders (Parkinson's disease). His clinical interests include dementia and neurocognitive dysfunction in rehabilitation medicine. [http://psychiatry.ucsd.edu/About/faculty/Pages/vincent-filoteo.aspx](http://psychiatry.ucsd.edu/About/faculty/Pages/vincent-filoteo.aspx)

Eric Granholm, Ph.D. received his Ph.D. in Clinical Psychology from the University of California, Los Angeles, in 1991. At the UCLA Neuropsychiatric Institute, he completed both a Clinical Psychology Internship and a Post-Doctoral Fellowship in Neuropsychology. Dr. Granholm is a Professor of Psychiatry at the UCSD Medical School, and Director of the Center Of Recovery Education (CORE) at the VASDHS, and Training Director of the VA Psychosocial Rehabilitation Fellowship Program. He is a member of the Neuropsychology and Experimental Psychopathology Tracts of the SDSU/UCSD Joint Doctoral Program in Clinical Psychology. He is an active basic and clinical researcher in the areas of CBT and SST (CBSST), neuropsychology, and psychophysiology (pupillometry) in consumers with schizophrenia. [http://psychiatry.ucsd.edu/About/faculty/Pages/eric-granholm.aspx](http://psychiatry.ucsd.edu/About/faculty/Pages/eric-granholm.aspx)

Lori Haase, PhD, received her Ph.D. in Clinical Psychology from the San Diego State University/University of California, San Diego Joint Doctoral Program, with a specialization in neuropsychology. She is the lead staff clinical psychologist at ASPIRE Center and is an Assistant Clinical Professor of Psychiatry, UCSD School of Medicine. Dr. Haase has multiple years of experiencing providing intervention treatments to Veterans with PTSD/TBI and neuropsychological assessment to Veterans with neurological impairments, TBI, and psychological disorders. Following the completion of her doctoral training, she was awarded the National Institute of Mental Health-funded (T32) postdoctoral research fellow in the UCSD Department of Psychiatry. Dr. Haase’s research interests include investigating the neural substrates of resilience and optimal performance and their modification through mindfulness training. [http://profiles.ucsd.edu/lori.haase](http://profiles.ucsd.edu/lori.haase)

Pia S. Heppner, Ph.D. received her Ph.D. in Clinical Psychology from the University of California San Diego
San Diego State University Joint Doctoral Program in 2004 with a specialty in behavioral medicine. Dr. Heppner is currently an Assistant Clinical Professor within the UCSD Department of Psychiatry and School of Medicine. She is a staff psychologist at the VA La Jolla Medical Center within Primary Care-Mental Health Integration. Her clinical interests include integration of mental health services in primary care settings and use of empirically supported treatments such as cognitive behavior therapy, mindfulness and acceptance and commitment therapy to treat chronic medical conditions (e.g., chronic pain) and co morbid psychiatric symptoms. Her research focuses on examination of health and physiological impacts of chronic posttraumatic stress disorder.

Mark W Jacobson, Ph.D. received his Ph.D. in Clinical Psychology from Wayne State University in 1999 after completing a predoctoral internship in clinical psychology at the VASDHS and UCSD. He completed a postdoctoral fellowship in neuropsychology at the VASDHS/Veteran’s Medical Research Foundation. Dr. Jacobson is an Associate Clinical Professor of Psychiatry, UCSD School of Medicine, and Staff Neuropsychologist at VASDHS. Dr. Jacobson’s research interests include integrating neuropsychology and psychological assessment, and neuroimaging of neurocognitive disorders.

Amy J. Jak, Ph.D. received her Ph.D. in Clinical Psychology from the University of Cincinnati in 2004 after completing a predoctoral internship in clinical psychology at the VASDHS and UCSD. She completed a postdoctoral fellowship in neuropsychology at the VASDHS/Veteran’s Medical Research Foundation. Dr. Jak is an Associate Professor of Psychiatry, UCSD School of Medicine, Staff Neuropsychologist and Director of the Traumatic Brain Injury Cognitive Rehabilitation Clinic at the VASDHS, and the Co-Director of Internship Training. She is the Secretary of APA Division 40, Society for Clinical Neuropsychology and on the Editorial Board of the Journal of Clinical and Experimental Neuropsychology. Dr. Jak's research interests include integrating neuropsychology, neuroimaging, behavioral variables, and genetics to better understand traumatic brain injury as well as disorders of aging with funding from the DoD, VA, and Alzheimer's Association. [http://psychiatry.ucsd.edu/About/faculty/Pages/amy-jak.aspx](http://psychiatry.ucsd.edu/About/faculty/Pages/amy-jak.aspx)

Eunice Kim, Ph.D. received her Ph.D. in Clinical Psychology from the University of Colorado, Boulder in 2005 after completing a predoctoral internship at the UCLA Department of Psychiatry. She completed a postdoctoral fellowship in clinical psychology at the UCLA Department of Psychology. Dr. Kim is a staff psychologist at UCSD Outpatient Psychiatric Services - Hillcrest, where she provides training in behavioral therapy for serious mental illness. Dr. Kim's research interests include the course and treatment of mood disorders across the lifespan, and she has a particular interest in family-focused treatment for mood disorders.

R. Corey McCulloch, Ph.D. received his Ph.D. in clinical psychology from the University of Florida, Department of Clinical & Health Psychology in 2009. He completed his predoctoral internship in the UCSD Psychology Internship Training Program, with an emphasis in behavioral medicine. He is currently an Assistant Clinical Professor of Psychiatry in the UCSD School of Medicine and serves as a staff psychologist at the VA San Diego Healthcare System and is involved in both the Spinal Cord Injury Unit and the Military Sexual Trauma Clinic. Dr. McCulloch serves as clinical supervisor for the Spinal Cord Injury rotation and facilitates the weekly Behavioral Medicine Seminar for interns and practicum students. His clinical interests include adjustment to chronic medical problems/injuries and adjustment to interpersonal trauma.

Arpi Minassian, Ph.D. received her doctorate from the California School of Professional Psychology-San Diego. She completed her predoctoral internship in the UCSD Psychology Internship Training Program and continued at UCSD as a post-doctoral fellow in the NIMH Fellowship in Biological Psychiatry and Neuroscience. She joined the faculty of the Department of Psychiatry and is currently an Associate Clinical Professor. Her research interests center on psychopathology and brain functioning, specifically
how psycho physiological measures can be informative about cognitive and behavioral dysfunction in severe psychiatric illnesses. She has applied measures such as pupil dilation, visual scanning, and prepulse inhibition to study attentional, visual organizational, and sensorimotor gating deficits in severe mental illness. Since completing her NIMH fellowship, she has studied dysregulation of behavior in psychotic and affective disordered patients and how these relate to genotype and real-world functional ability. Dr. Minassian’s clinical work is primarily focused upon consultation- liaison and bedside therapeutic interventions with hospitalized medically ill patients. She is the psychologist at the UCSD Regional Burn Center, where her duties include psychological assessment, pain management, and psychotherapy, and psychiatric consultation-liaison for burned adults and children. She supervises psychology trainees at the Burn Center, the Pain Clinic, and at other rotations on the Neuropsychiatry and Behavioral Medicine Service. Dr. Minassian also serves as a member of the Psychiatry Consult/Liaison team for the UCSD Medical Center. http://psychiatry.ucsd.edu/About/faculty/Pages/arpi-minassian.aspx

Leslie Morland, PsyD is the Director of the Veterans Integrated Service Network (VISN) 22 Telemental Health Center and a Clinical Psychologist at the Department of Veterans Affairs San Diego Healthcare System. Dr. Morland devotes time to regional and national leadership roles focused on the strategic planning and implementation of the use of technology to increase access to posttraumatic stress disorder (PTSD) specialty care in the Veterans Health Administration. Dr. Morland is frequently called upon as a consultant by the Department of Veterans Affairs Central Office regarding the provision of telemental health (TMH) services, project design, educational training, and program implementation. Dr. Morland is also a Research Psychologist at the Department of Veterans Affairs, National Center for PTSD where she designs and implements multiple federally funded research projects examining the clinical and cost aspects of using technology to provide evidence based PTSD services for rural Veteran populations. In addition, Dr. Morland provides research consultation and mentorship on multiple research projects and national initiatives. Dr. Morland’s TMH research has resulted in numerous peer-reviewed publications and personally invited presentations.

Mark G. Myers, Ph.D. received his Ph.D. in clinical psychology in 1991 from the UCSD/SDSU Joint Doctoral Program in Clinical Psychology, completed his predoctoral internship at Brown University, and completed a post-doctoral fellowship at the Brown University Center for Alcohol and Addiction Studies. Dr. Myers is a Staff Psychologist at VASDHS where he serves as Lead Clinician for Tobacco Cessation and Associate Director of the VASDHS National Tobacco Cessation Clinical Resource Center. He is also a Professor in the Department of Psychiatry at UCSD. Dr. Myers is a licensed psychologist in the State of California. His clinical role includes providing tobacco cessation services to veterans with psychiatric disorders and overseeing cognitive- behavioral group-based tobacco cessation treatment in VASDHS. His research includes smoking cessation among individuals with co morbidity psychiatric disorders and youth tobacco use and smoking cessation. http://psychiatry.ucsd.edu/About/faculty/Pages/mark-myers.aspx

Marc A. Norman, Ph.D. received his Ph.D. in Clinical Psychology from Brigham Young University. He is a Clinical Professor of Psychiatry at the University of California, San Diego. He completed the University of California, San Diego/VA Psychology Internship program and a neuropsychology postdoctoral fellowship at the UC San Diego Alzheimer’s Disease Research Center. Dr. Norman earned a Diplomate from the American Board of Professional Psychology, specializing in Clinical Neuropsychology. He provides clinical service to the Heart/Lung, Kidney/Pancreas, and Liver transplant teams. Also, he provides general neuropsychological evaluations as well as intracarotid amytal (aka Wada) procedures and awake brain surgery language mapping for the UC San Diego Epilepsy and Brain Tumor Teams. Dr. Norman is a Fellow and serves on the Board of Directors for the National Academy of Neuropsychology. He is an examiner for the American Board of Clinical Neuropsychology and on the Professional Advisory Board for the American Epilepsy Foundation San Diego Chapter. http://psychiatry.ucsd.edu/About/faculty/Pages/marc-
Sarah E. Nunnink, Ph.D. received her Ph.D. in Clinical Psychology from University of Nevada, Las Vegas in 2006, and completed her pre-doctoral internship in Clinical Psychology at Mississippi State Hospital. She holds both clinical and research positions within the VA San Diego Healthcare System, and is based in the Mission Valley Outpatient Clinic. Dr. Nunnink is a staff psychologist and clinical supervisor for the Military Sexual Trauma service. She practices and provides supervision for empirically validated therapeutic modalities, including Acceptance and Commitment Therapy, Cognitive Processing Therapy and Cognitive Behavior Therapy. Dr. Nunnink is published in the area of women’s health and sexuality, and current research includes evaluating the negative impact of Posttraumatic Stress Disorder on sexual health. She is study psychologist on a multi-site collaborative project exploring risk and resiliency factors in PTSD, and is co-investigator on a DOD/NIH grant proposal examining peritraumatic behavior and its relation to PTSD development.

Jessie Park, Psy.D. completed her undergraduate degree at UCSD and received her M.A. in Developmental Psychology from San Francisco State University in 2005. She completed her doctorate in Clinical Psychology from Long Island University-C.W. Post in 2010. She interned at the Brooklyn Campus of the VA New York Harbor Healthcare System and completed the UCSD Postdoctoral Fellowship in Neuropsychology and Behavioral Medicine in 2012. Dr. Park is currently a staff psychologist in the UCSD Department of Psychiatry, where her duties include supervision of trainees, psychological assessment, individual therapy, and psychoeducational and psychotherapeutic groups for patients at the UCSD Pain Intensive Outpatient Program (IOP), Department of Psychiatry, UCSD Center for Pain Medicine, Department of Anesthesiology, and UCSD Bariatric and Metabolic Institute (BMI). She works within the multi-disciplinary medical setting, consulting and coordinating comprehensive patient care with physicians, pharmacists, physical therapists, social workers, and nurse case managers. Other clinical responsibilities include neuropsychology and fitness-for-duty evaluations. Her clinical work utilizes CBT, ACT, and state-of-the-art intervention including motivational and acceptance therapies and mindfulness meditation to help patients develop acceptance and feel empowered about their ability to overcome and cope with health challenges.

Carmen Pulido, Ph.D., received her doctoral degree in Clinical Psychology, with a specialty in Neuropsychology, from San Diego State University and the University of California San Diego (UCSD) in 2008 after completing her pre doctoral internship at Kaiser Permanente Southern California where she provided bilingual (Spanish/English) services. She then completed postdoctoral training in adolescent addictions neuroimaging with the support of the UCSD Biological Psychiatry Fellowship Program and an NIAAA postdoctoral grant (NRSA). Dr. Pulido is currently an Assistant Clinical Professor in the UCSD School of Medicine, Department of Psychiatry, where she is engaged in addictions neuroimaging research. Dr. Pulido is also a staff psychologist at VASDHS in the Alcohol and Drug treatment Program and the Substance Abuse Residential Rehabilitation Treatment program. Her clinical interests include addictions and comorbid disorders treatment, with a special emphasis on Post Traumatic Stress Disorder. Dr. Pulido uses evidenced-based treatments in her clinical work.

Valerie Rice, Ph.D. completed her undergraduate training at UCSD. She received her graduate school training at Washington University, St. Louis. Her doctorate is in Clinical Psychology with specialties in Aging and Neuropsychology. Dr. Rice is currently an Assistant Clinical Professor of Psychiatry at UCSD. She is the Staff Neuropsychologist and Program Manager at the UCSD Senior Behavioral Health Program, which is a 14 bed, geropsychiatric, inpatient unit. Dr. Rice’s duties include neuropsychological assessment, report-writing, and family education with older adults seen through the SBH inpatient and
outpatient programs. She is also responsible for facilitating group, cognitive-behavioral therapy sessions, and program development of the unit’s social milieu.

Joshua L. Ruberg, Ph.D., received his Ph.D. in Clinical Psychology from the University of Louisville in 2009 after completing his pre doctoral internship at the UCSD/VA Psychology Internship Training Program. He then completed his postdoctoral training in geriatric behavioral medicine at the VASDHS/UCSD Clinical Psychology Postdoctoral Residency Program in the Evidence-Based Psychotherapy Track. Dr. Ruberg is currently an Assistant Clinical Professor in the UCSD School of Medicine, Department of Psychiatry, and a staff psychologist at VASDHS, where he directs the primary care mental health integration (PCMHI) program at the Mission Valley outpatient clinic. His clinical interests include treatment of general mental health conditions within the primary care setting and behavioral medicine interventions for individuals with co morbid mental health and medical conditions. He primarily uses cognitive and behavioral therapies in his practice, with a specific interest in using third wave psychotherapies (incorporating mindfulness and acceptance).

http://psychiatry.ucsd.edu/About/faculty/Pages/joshua-ruberg.aspx

Thomas R. Rutledge, Ph.D., ABPP received his Ph.D. in clinical psychology from the University of British Columbia in 1999. He completed his internship at the Toronto Hospital, and a postdoctoral fellowship specializing in the study of behavioral factors in cardiovascular disease at the University of Pittsburgh. Dr. Rutledge is an Associate Professor In-Residence with the UCSD School of Medicine, and a clinical psychologist in the Psychology Service at the VA Medical Center. He is board certified in clinical health psychology by the American Board of Professional Psychology. Dr. Rutledge directs the behavioral medicine services in the Weight Control Clinic in La Jolla and provides chronic pain assessment and treatment services for the Anesthesia Pain Clinic. Each of these clinics is comprised of multidisciplinary provider teams in which psychology offers a variety of services ranging from consultation, to treatment, and research. Dr. Rutledge provides clinical supervision for these rotations to practicum students in the UCSD/SDSU Joint Doctoral program and to psychology interns in the VA/UCSD psychology internship program. Training in these clinics includes a strong focus on rehabilitation and health behavior change.

http://psychiatry.ucsd.edu/About/faculty/Pages/thomas-rutledge.aspx

Susan F. Tapert, Ph.D. received her doctorate in clinical psychology from the UCSD-SDSU Joint Doctoral Program in 1998. After her internship at Brown University, she completed a postdoc specializing in functional magnetic resonance imaging at the UCSD Biological Psychiatry & Neuroscience Fellowship in 2000. Dr. Tapert is a Professor in the UCSD Department of Psychiatry; Chief, Psychology Service and Director, Substance Abuse Mental Illness program at the VA San Diego Healthcare System, and a licensed clinical psychologist in California. Her research focuses the effects of alcohol and other drugs on brain functioning, and brain development from adolescence through young adulthood. NIAAA and NIDA currently fund her research.

http://psychiatry.ucsd.edu/About/faculty/Pages/susan-tapert.aspx

Ryan S. Trim, Ph.D. received his Ph.D. in Clinical Psychology from Arizona State University after completing internship at the San Diego VAMC and the University of California, San Diego. Dr. Trim is a staff psychologist in the Substance Abuse/Mental Illness (SAMI) Clinic and Assistant Professor of Psychiatry at the University of California, San Diego. Dr. Trim utilizes primarily cognitive-behavioral and motivational enhancement approaches for the treatment of substance use disorders, psychiatric disorders, and co-occurring disorders. Dr. Trim has an extensive research background examining environmental and individual risk factors for substance use outcomes across the lifespan and his work has been published in multiple peer-reviewed journals and presented nationally. He is a co-investigator and consultant for several grant-funded research projects across VASDHS, UCSD, and SDSU, and he has received independent funding from the Foundation for Alcohol Research and UCSD Academic Senate. He is a faculty member in the UCSD/SDSU Joint Doctoral program and serves as a research
mentor to doctoral students interested in longitudinal data analysis and/or substance use research. Dr. Trim provides clinical supervision to practicum students in the UCSD/SDSU Joint Doctoral program and to psychology interns in the VASDHS/UCSD psychology internship program. 
http://psychiatry.ucsd.edu/About/faculty/Pages/ryan-trim.aspx

Elizabeth W. Twamley, Ph.D. is an Associate Professor of Psychiatry and faculty of the Center of Excellence for Stress and Mental Health at the VA. Following her doctoral program at Arizona State University, she completed her clinical psychology internship and postdoctoral fellowship at UCSD and joined the faculty of the Department of Psychiatry in 2003. Dr. Twamley's research focuses on bridging neuropsychology and interventions for individuals with severe mental illness or traumatic brain injury. Current intervention studies focus on supported employment and compensatory cognitive training. Other research interests include the neuropsychology of everyday functioning, genetic markers of cognition in schizophrenia, and cognitive impairment in PTSD. Dr. Twamley is a licensed clinical psychologist specializing in neuropsychological assessment, cognitive rehabilitation, and supported employment. 
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