

*Find out what you've been missing.
VA provides the highest-quality care for Women
who served in the military.*

Health Care Services for Women Veterans

Women are the fastest-growing group of Veterans, and delivering health care services to meet your distinct needs is a top priority for the U.S. Department of Veterans Affairs (VA). VA medical centers are leading the nation in providing health care for Women in safe, private settings that provide accessible, high-quality, and patient-centered care.

VA has changed, and we're working hard to be there for you by focusing on proactive, personalized, patient-centered care. By enrolling in VA health care, Women Veterans may:

- Receive comprehensive health care tailored to meet their unique needs at all VA medical centers.
- Be eligible to receive five years of low-cost health care for any condition related to their active duty or military service. Visit www.va.gov/healthbenefits for details of eligibility requirements for this benefit.
- Supplement Medicare, Medicaid, and private health insurance to address service-related injuries and Veteran-specific needs.
- Meet the minimum requirements of the Affordable Care Act (ACA) and avoid any tax penalties.

By applying for VA health care, Women Veterans may have access to services in a sensitive and safe environment.

SERVICES FOR WOMEN VETERANS

Examples of our wide range of health care services include:

- Gender-specific care including:
 - Breast cancer screening
 - Cervical cancer screening
 - Contraceptive counseling and management
 - Gynecological services
 - Infertility evaluation
 - Maternity and obstetrical care coordination
 - Menopause management
 - Urgent and emergent care
- Mental health care and treatment for:
 - Anger management
 - Depression
 - Effects of intimate partner and domestic violence
 - Mood and anxiety disorders
 - Post-deployment adjustment
 - Post-traumatic stress disorder
 - Stress involving marital, parental, caregiver, or family relationships
- Preventive health services, screening, and treatment for:
 - Cancer
 - Diabetes
 - Heart disease
 - Nutrition issues
 - Osteoporosis
 - Sexually transmitted diseases
 - Smoking
 - Substance use disorders



Examples of our Women-specific programs include:

- **Women Veterans Health Care program** – We streamline services for Women Veterans, from primary care to specialized care for chronic conditions and reproductive health. In addition, this program helps homeless Women Veterans live as independently as possible by providing emergency shelters, transitional and permanent housing, and services for Women with children.
- **Military sexual trauma (MST) care** – Every VA facility has an MST coordinator to help Women Veterans access free, confidential counseling and treatment for mental and physical conditions related to MST.

Apply today! Accessing VA health care is easier than you think. If you are not enrolled in VA health care or haven't been to VA in a while, check your eligibility and apply anytime by:

- Going to www.1010ez.med.va.gov
- Calling 1-877-222-VETS (8387)
- Visiting a local VA health care facility—find one here:

VA and the health care law

- If you are already enrolled in VA health care, you don't need to take additional steps to meet the ACA coverage standards.
- The health care law does not change VA health benefits or Veterans' out-of-pocket costs.
- To become a VA patient and learn more about VA and ACA, visit
- To access coverage for your family members or dependents and find information about your state's health care exchange, visit www.healthcare.gov



Benefits of VA health care programs

- Medical care rated among the best in the U.S.
- Open enrollment—apply anytime.
- No enrollment fee, monthly premiums, or deductibles—some Veterans may have small health care or prescription copayments.
- More than 1,400 locations to get your care, and coverage that goes with you if you travel or move in the United States.
- Freedom to use other plans in conjunction with your VA health care, including Medicare, Medicaid, TRICARE, and private insurance.
- Meets the new national requirement to have health care coverage.

Contact your local Women Veterans coordinator for more information.

