

SERVICE	TITLE OF STUDY	ENROLLMENT	REQUIREMENTS	BENEFITS	POINT OF CONTACT	PI
Endocrinology/Metabolism	Amylin EXSCEL To compare the impact of including Exenatide Once Weekly (EQW) as part of usual care vs. usual care without exenatide on major CV outcomes as measured by the primary CV composite endpoint to CV related death, nonfatal myocardial infarction (MI), or nonfatal stroke	Ongoing	Males or females 18 yrs or older with type 2 diabetes. A1c between 7-10. Can be on a stable dose (of 3 months or longer) of up to 3 antidiabetic oral medications. Must have a history of a major clinical manifestation of coronary artery disease i.e. myocardial infarction, surgical or percutaneous (balloon and/or stent) coronary revascularization procedure, or one stenosis > 50% in a major epicardial artery or branch vessel. OR History of ischemic stroke, or history of carotid arterial disease, or history of atherosclerotic peripheral arterial disease with symptoms of intermittent claudication.	Financial compensation of up to \$450.00. Study related medical care provided by board certified physicians. Tests and exams at no cost. Study drug, and related supplies free of charge	Catherine DeLue (858) 552-8585 ext 6740 or Ryan Henry @ ext 2498	Sunder Mudaliar, M.D. #110282
Endocrinology/Metabolism	Bioenergetics- targeting cellular bioenergetics for the prevention and treatment of diabetes. Collect blood and skeletal muscle tissue for culture.	Ongoing	Males or females 18-70yrs of age. Type 2 diabetics or non diabetics. Non diabetics cannot have a first degree relative with diabetes. All patients must be in overall good health. Cannot be taking steroids or weight loss medications.	Financial compensation up to \$100	Catherine DeLue (858)552-8585 ext 6740 Protocol # 110708	Ted Ciaraldi PhD
Endocrinology/Metabolism	EFC 11628 A 6 month, multicenter, randomized, open-label, parallel-group study comparing the efficacy and safety of a new formulation of Insulin Glargine and Lantus both plus Mealtime Insulin in patients with Type 2 Diabetes Mellitus with a 6 month extension period.	Ongoing	Males or females 18 years or older. Type 2 diabetes, A1c greater than 7% and less than 10%. At least 1 year on Basal plus Mealtime Insulin with or without a 3 month stable dose of Metformin. At least 1 year of self-monitoring of blood glucose.	Financial compensation up to \$775.00	Catherine DeLue (858)552-8585 ext 6740 Protocol # 111425	Robert Henry, MD
Endocrinology/Metabolism	AMGEN A randomized, double-blind, placebo-controlled study to explore dose effect and frequency of administration of AMG 151 in subjects with Type 2 Diabetes Mellitus	Ongoing	Males & females aged 18-65. Type 2 diabetes mellitus. A1c 7.5 - 10%. BMI 25-40. Treated with Metformin monotherapy for at least 3 months; dose must be 850mg or greater for at least 2 months. If being treated for high blood pressure or hyperlipidemia those medications must be a stable dose for 30 days.	Financial compensation up to \$850.00	Catherine DeLue (858)552-8585 ext 6740 or Erick Castro ext 6449 Protocol # 111626	Sunder Mudaliar, MD

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Endocrinology/Metabolism	REWIND A phase 3, multicenter, randomized, double blind, placebo-controlled parallel study to assess the effects of dulaglutide (LY2189265) on cardiovascular outcomes in patients with type 2 diabetes who are drug naïve or who are on a stable antidiabetic regimen.	Currently Enrolling	Males & females over the age of 18. Type 2 diabetes mellitus. A1c 6.5 - 9.5%. BMI over 23. Treated with up to 2 oral glucose-lowering drugs with or without 1 injection of basal insulin. Depending on age would need either established cardiovascular disease or risk factors. Study duration is up to 6 years.	Financial compensation of up to \$1425.00. Study related medical care provided by board certified physicians. Tests and exams at no cost. Study drug and related supplies free of charge		
Head & Neck Surgery	A Phase 3, Prospective, open-label, multicenter study of lymphoseek® - Identified sentinel lymph nodes (SLNs) relative to the pathological status of non-sentinel lymph nodes in an elective neck dissection (END) in cutaneous head and neck and intraoral squamous cell carcinoma	9/15/11 - 9/14/13	The participant must have a diagnosis of head and neck squamous cell cancer and should be a candidate for surgical intervention as part of the disease management. The patient should be at least 18 years of age. The estimated duration of this study is less than 2 months	Potential benefits include the possibility of increased response and increased overall survival for patients participating in this trial. In addition, participation in this trial may benefit future patients by advancing knowledge of treatments for patients with cancer.	Kevin Brumund, M.D. (858) 822-6197	Protocol # 091580
Hematology/Oncology	Study to Investigate the Relationship Between Physician-assessed Febrile Neutropenia (FN) Risk Probability Score and Prediction Tool FN Risk Probability Score for Patients with Non-myeloid Malignancies	Ongoing	Willingness to have information entered into a database	Possible future improvements to neutropenia prediction	Michelle McKinney (858) 552-8585, x 7521	Gregory A. Daniels, M.D., Ph.D. Protocol # 11-1288
Hematology/Oncology	The Men's Eating and Living (MEAL) Study: A Randomized Trial to Alter Disease Progression in Prostate Cancer Patients on Active Surveillance	2 years to July 2014	Low risk prostate cancer patients who are on active surveillance only. Men age 50 to 80 years old. Prostate biopsy-proven adenocarcinoma of the prostate diagnosed 24 months prior to study entry. Serum PSA less than 10 ng/ml. Patients should not have prior treatment for prostate cancer by surgery, irradiation, local ablative or androgen deprivation therapy, patients should not have distant metastases, patients should not have non-skin malignancy in previous 5 years, should not be taking coumadin.	Benefits to Subjects, compensations, etc. Counseling about diet with respect to cancer	Violeta Matsuda CCRC (858)-552-8585, ext. 5483	#110053, PI: J. Kellogg Parsons, M.D., MHS

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HSR&D	Integrated Care Model for Improving HCV Patient Outcomes	1 year or 88 Participants	Participants must have Hepatitis C (HCV) and have been seen in the HCV clinic. Participants will be screened for eligibility by study staff once their diagnosis has been verified. Those with decompensated liver disease, other life threatening illnesses or currently on HCV antiviral therapy may not be eligible.	In addition to participating in the overall benefit of the HCV clinic research, participants are compensated for completion of questionnaire packets at specific intervals. For more information regarding compensation, please contact the study coordinator	Dr. Kimberly Weingart (858) 642-6494 or Megan Ward: (858) 642-1109	Dr. Sam Ho & Dr. Erik Groessl #081114
Neurology	Parkinson Disease and Other Movement Disorders	Ongoing	Subjects will be asked several questions regarding their disease, followed by a brief memory and neurologic exam. Session takes about 30 minutes. Currently, this is a one-time visit, but patients will be asked after the session if they would like to participate in the future.	There is no compensation for this study, and not to the subject.	Stephanie Lessig, (858) 552-8585, x5409	
Psychiatry	Genetic Predictors of Lithium Response in Bipolar Disorder	Ongoing	M/F 18+ Diagnosis of Bipolar Disorder. The purpose of the study is to identify genes that predict which patients will respond best to lithium. Patients will be stabilized and maintained on lithium and followed for one year.	Up to \$300 for study completion and no charge for study medications. Participants will receive compensation at each study visit.	Anna Demodena (858) 552-8585, x3590	
Psychiatry	Structural and Functional Brain Aging in Bipolar Disorder	July 2010 through Feb. 2013	Ages 30-79, Bipolar 1 Disorder, on stable dose of medication, no other current mental disorder, 1st episode between ages 13-30, no uncontrolled diabetes or high blood pressure, right handed, native English speaker. Participants will be given clinical questionnaires, blood draw, memory tests, MRI	Compensations - \$160.00 for 7 hours.	Vicki Wang (858) 552-8585, x2774	Dr. Lisa Eyler #100170
Psychiatry	Efficacy of Antidepressants in Chronic Back Pain	1/1/2010 - 12/31/2014	Veterans (men and women) ages 21-70, in good health except for low back pain.	Up to \$105.00	Back Pain Research Office (858) 642-3830	J.H. Atkinson, M.D. IRB #091124
Psychiatry	Telehealth Outreach for Chronic Back Pain	7/2012 - 6/2015	Veterans (men & women) ages 18-75 with back pain	Compensation up to \$150.00 for Participation	Back Pain Research Office (858) 642-3830	J.H. Atkinson, M.D. IRB #120425

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Psychiatry	Cognitive Abilities of at Risk Elderly for Dementia	3 years	We are looking for healthy older adult women and men ages 65 and up for a longitudinal study of risk factors for dementia. Participants will be asked to undergo a medical assessment that includes a buccal swab (a mild brushing of the inside of the cheek to obtain DNA), complete neuropsychological tests, and fill out other paper-and-pencil questionnaires. Subjects will also be asked to have an MRI (magnetic resonance imaging) scan which takes a picture of the brain. These neuropsychological tests, questionnaires and MRI scans will be administered once a year for as long as the subject is willing to participate.	There are no changes for these procedures or compensation for your involvement. However, specific written feedback about your cognitive performances will be provided.	Ivy Ewald (858) 642-3675	Mark Bondi, Ph.D. #090239
Psychiatry	Healing Emotions After Loss (HEAL) Optimizing Treatment of Complicated Grief	Present to 12/11/2013	Males/Females 18-95 who are intensely and persistently grieving the death of someone close to them, at least 6 months after the death. Exclusions for certain psychiatric conditions - please call. Fluent in English. Participants call the research team for a phone assessment and will be scheduled for a full intake assessment if they meet minimal eligibility. If they meet all requirements, participants will be randomized to receive study medication alone or in combination with therapy for 16-20 weeks. Visits and assessments are weekly or monthly, depending on randomization assignment. 6 month follow up assessment.	Possibility of relief from complicated grief symptoms. Compensation of up to \$200, depending on randomization assignment.	Ilanit Young, Ph.D. (858) 552-7598 or (858) 552-8585, x5583	Sidney Zisook, M.D. #09-0819

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Psychiatry	Capacity to Consent to Research on Bipolar Disorder Research	Ongoing	The purpose of this study is to better understand how thinking abilities and psychiatric symptoms influence a patient's ability to make informed decisions. To qualify for the study, participants must have a diagnosis of Bipolar Disorder, no current issues with alcohol or drugs, and no history of head injury, stroke, or seizures. There are 5 study visits including a screening visit, a baseline visit, and visits at 6, 12, and 26 weeks. Participation will include a screening survey, verbal questionnaires, and paper-and pencil tasks. Each visit takes 2-3 hours.	Participants are compensated \$30 for each of the first 4 visits completed and \$50 for completing the final visit	Luz Pinto (858) 552-8585, x3682	Barton Palmer, M.D. #1129485
Psychiatry	Enhancing Consent for Alzheimer's Research	Ongoing	The purpose of this study is to learn more about how to improve the informed consent process for people with Alzheimer's disease. Participants are asked to complete two study visits, usually on consecutive days. These visits last 1-2 hours and participants are compensated \$25 per visit. Participation will involve a screening test and paper-and-pencil tests of memory, attention, and decision making. To qualify for the study, participants must have a diagnosis of mild to moderate Alzheimer's disease, no history of head injury, seizure, or stroke, and be able to read and write.	Participants are compensated \$25 per visit.	Luz Pinto (858) 552-8585, x3682	Barton Palmer, M.D. #1121525
Psychiatry	Cognitive Rehabilitation of OEF/OIF Veterans with Cognitive Disorder	Open until meet subject capacity	You may be eligible if you are a veteran of operation Iraqi Freedom (OIF) or Operation Enduring Freedom (OEF), you have screened positive for mild traumatic brain injury or concussion, and you are willing to participate in 10 group sessions.	Participants will receive a payment of \$30 for each evaluation (4 evaluations total), with a \$20 bonus for completing all evaluations (total=140)	Candice Colon, (858) 642-3431	Elizabeth Twamley, Ph.D. #101003
Psychiatry	A Proof-of-Concept, Double-Blind, Randomized, Placebo-Controlled Ganaxolone in Posttraumatic Stress Disorder	Present-December 2012	Show up for scheduled visits and take medications as prescribed	Subject will be compensated \$75.00/visit. Can be up to \$750.00	Kathleen Gaa (858) 642-3764	Dr. Jim Lohr #101195

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Psychiatry	Randomized Controlled Trial of Galantamine, Methylphenidate, and Placebo for the Treatment of Cognitive Symptoms in Patients with Mild Traumatic Brain Injury (MTBI) and/or Posttraumatic Stress Disorder (PTSD)	Present-August 2013	Show up for scheduled visits and take medications as prescribed	Subjects will receive \$100 each for the eligibility, baseline (week 0) and major outcome (week 12) assessments, \$50 each for completion of the interim assessments (weeks 4 & 8), and \$25 for attending other study visits for a total of	Kathleen Gaa (858) 642-3764	Dr. Jim Lohr #110379
Psychiatry	The Genetics of Functional Disability in Schizophrenia and Bipolar Illness	June 2011-June 2013	Veterans with a diagnosis of Schizophrenia or Bipolar 1; Willingness to complete a short assessment battery and provide a blood sample	Participants are paid \$60 for their time	Jason Holden, Ph.D. (858) 552-8585, ext. 1265	Dr. Eric Granholm, #110083
Psychiatry	Acceptance and Commitment Therapy (ACT) for OEF/OIF/OND Veterans	Present to August 2013	Previous deployment to OEF/OIF/OND. Current distress and impairment or post-conclusive syndrome	Treatment from an experienced professional, possible relief of symptoms, \$110-140 for completing questionnaires.	Wendy Belding, (858) 552-8585, ext 3710	Dr. Ariel Lang #100324
Psychiatry	Randomized Controlled Trial of Sertaline, Prolonged Exposure Therapy and their Combination in OEF/OIF/OND with PTSD: Progress (Prolonged Exposure)	January 2012 to December 2014	Participants must be OEF/OIF/OND (served in Iraq or Afghanistan) veterans with combat related Posttraumatic Stress Disorder (PTSD) or significant posttraumatic stress symptoms (PTSS) of at least 3 months duration. Active duty service members who obtain care at the VA San Diego Healthcare System are also eligible to participate in the study. Study participants will be randomly assigned to receive psychotherapy, medication, or both psychotherapy and medication. Participants will also complete assessment session over a one year period. Depending upon treatment assignment, study participation will require between 17 and 22 appointments over a period of one year.	Participants will receive treatment at no cost to them, may experience relief from their symptoms, and will receive total compensation of \$300.00 if they complete all study assessments.	Mark West, (858) 642-3878	Murray Stein, M.D. Protocol # 110611

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Psychiatry	VA Augmenting and Switching Treatments for Improving Depression Outcomes. This study offers next-step treatment for depression that hasn't responded to first line antidepressants	August 2012 through December 2015	Males and females who are 18 years or older, have depression, and are currently taking an antidepressant that is not adequately relieving their depression will be screened. Participants will be excluded who are pregnant or diagnosed with bipolar disorder, schizophrenia, psychosis, dementia, or an eating or seizure disorder. Potential participants cannot have an unstable , serious medication condition. In addition, veterans are excluded who are currently taking aripiprazole (Abilify) or bupropion (Wellbutrin or Zyban). Potential participants need to be referred by their treating doctor. If they meet requirements, participants will be randomized to either augmentation of their current antidepressant with aripiprazole, augmentation with bupropion-SR, or switch to bupropion-SR alone.	All participants will be placed on one of three "State of the art" next step treatments (medication) for depression. All three treatments have been shown to be effective in relieving depression for many people who did not respond to a first line antidepressant. Compensation will be \$50 for the initial visit and \$25 for each subsequent clinic visit. Participants who respond to treatment and thus remain in the study for the entire time (9 months) will receive a total of \$375.	Sanjai Rao, M.D. (858) 642-1270	Sanjai Rao, M.D. (858) 642-1270
HSR&D	Disseminating the Mantram Repetition Program (MRP) to Veterans with PTSD	January 3, 2012 - December 2012	At least 18 years of age or older, read and write English fluently; traumatic event related to non-military or military-duty, including combat, military training accidents, military sexual trauma, or trauma experienced as a civilian; PCL-S score of 50 or higher; stable dose and type of PTSD medications for at least 6 weeks (per chart review); Willing to refrain from medication changes or other behavioral health treatment modalities (excluding medications), for the duration of study participation (10-12 weeks). Exclusion Criteria: Inability to give informed, voluntary consent; Cognitive impairment sufficient to cause inability to complete the protocol; Psychotic symptoms or bipolar disorder not been managed within the past year; Dementia or other organic mental disorders that may cause inability to complete the protocol; significant documented alcohol/substance abuse; presence of severe suicidal urges or intent as assessed by the VA suicide screen.	\$100.00 for participation in study	Danielle Beck (858) 642-3989	Jill Bormann, Ph.D., R.N. (Protocol # 11-1448)

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HSR&D	Portable Mantram Mediation for Veterans with Military-Related PTSD	January 3, 2012 - December 2013	Inclusion Criteria: 18 years of age or older; PCL-M score of 50 or higher; Read and write English fluently; Traumatic event related to military-duty, including combat, military training accidents, and military sexual trauma; transportation to attend group meetings and available to complete study protocols; stable dose and type of PTSD medications for at least 6 weeks (per chart review); willing to track medication changes during study. Exclusion Criteria: Inability to give informed, voluntary consent; cognitive impairment sufficient to cause inability to complete the protocol; psychotic symptoms or bipolar disorder; Dementia or other organic mental disorders that may cause inability to complete the protocol; significant document alcohol/substance abuse; presence of severe suicidal urges or intent; residence in a geographical area outside of San Diego County; Current daily practice of any skills of any meditation-based program (including, but not limited to, Transcendental Meditation (TM), yoga, Tai Chi, Qi-Gong, Vipassana, Loving-Kindness Meditation, Mindfulness-Based Stress Reduction or other mindfulness intervention, guided imagery, mantram repetition, passage meditation, walking meditation, Zen or Buddhist meditation, self-hypnosis, bio-feedback, etc.); other participant circumstances that, in the opinion of a consensus of study team, would interfere with the safety of a prospective participant or their need for treatment.	\$100.00 for participation in study	Danielle Beck (858) 642-1616	Jill Bormann, Ph.D., R.N. (Protocol # 11-1430)
Psychology	The Neuropsychology of Memory	Ongoing	We are looking for participants over the age of 18. Participants will be given paper and pencil or computer administered tests of memory and other cognitive functions. Testing sessions may last thirty minutes to one hour. Some studies may involve a number of sessions. Testing takes place at Dr. Squire's laboratory at the Stein Clinical Res Bldg. on the UCSD Medical School campus (across from the VA Hospital). Since this is an ongoing study of human memory function volunteers may wish to participate in various studies over a period of time. There are no risks involved in participating in this study and participants will help toward an understanding of how human memory works.	\$5.00 per hour (or any part of an hour)	Jennifer Frascino, M.A. (858) 642-3628	Larry Squire, Ph.D. # 080360
Psychology	Telehealth Therapy for Chronic Pain	Present - 2013	Must have chronic pain for at least 6 months, be able to read, write, and speak English, complete in-person assessments and on the phone, and attend 8 weekly individual treatment sessions	8 weekly individual behavioral treatment sessions of acceptance and commitment therapy (ACT) for chronic pain at no cost and a possible total of \$150 compensation	Kathy Nguyen (858) 552-8585, ext. 2904	Julie Wetherell, Ph.D. #091019

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Psychology	Brain Imaging, Cognition and Fatigue Study	Current - 10/2014	The study is currently recruiting veterans (ages 18-50) who have sustained a blunt or blast force TBI, and veterans (ages 18-50) who have not sustained a TBI (control participants). Participation in the study take approximately 4 hours, and involves an MRI scan of the brain, completion of some cognitive tasks, as well as answering some questionnaires about mood, fatigue, sleep and life circumstances.	\$100 compensation	Elisa Lanni (858) 552-8585, x2521 or elisalanni04@gmail.com	Lisa Delano-Wood, Ph.D. #080607
Psychology	Psychotherapy to Address Non-Adaptive Guilt (NAG) in OEF/OIF Military Personnel with PTSD	Ongoing	You will complete a clinical interview and a set of questionnaires about your emotional health. This will take approximately an hour and a half. If you let us know that you feel guilty about something that happened while you were deployed, you will be offered to take part in individual therapy to address this guilt. You and the therapist will meet for four sessions of individual therapy that are one hour each and you will be asked to complete brief measures (5 minutes total) at each session. The four sessions will address the role of guilt in PTSD and the role of your values in helping you move forward in your life. 3) If you participate in the treatment, at the end of the four sessions, you will be asked to complete the clinical interview and questionnaires again. This will take approximately an hour and a half. 4) If you continue mental health treatment withing the OEF/OIF PTSD Clinic, we will continue to monitor your scores on PTSD and mood questionnaires given as a standard part of your care. 5) You may skip any questions that make you uncomfortable. 6) Information about medications that you are taking will be taken from your medical record.	You will be compensated \$25.00 for participation in the clinical interview and questionnaires before you begin treatment and after treatment. Additionally, you will be paid \$5.00 to attend each of the four session and complete a brief set of questionnaires following each session for a total of \$70.00 for all study involvement.	Dr. Sonya Norman (858) 552-8585 x6727	#081879

Opportunities for Research Subjects

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Psychology	Treatment of Older Veterans with Chronic Posttraumatic Stress Disorder	Present through December 2012	Males, 60+ year old, the trauma must be combat-related, no alcohol or substance dependence within the past 3 months, no unmanaged psychosis or manic episodes within the past year, no dementia, the participant cannot be involved in any other PTSD, depression, anxiety or CBT treatment while in the study. Additionally, they must be stable on the type and dosage of their psychotropic meds for at least 2 months. If any participant is interested and does not meet this criteria, they can still be referred and will be put on the waitlist.	Offers the opportunity for individual therapy for PTSD, which is difficult to come by within the VA setting. Both treatments are well-established treatments for PTSD, so improvement in PTSD symptoms could likely result from participation, participants are compensated for completing the assessments - for each set of assessments completed (before treatment, after treatment, and 6-month follow-u), they will be paid \$40. So they can earn a potential of \$120 for participating.	Heather Sones, (619) 680-1755	Steven Thorp, Ph.D. #070800
Psychology	Treatment of late life compulsive hoarding	Ongoing until 2015	Participants must be at least 60 years old. Participants must have significant symptoms of compulsive hoarding including difficulty discarding and urges to safe personal possessions	Treatment is free of charge. Participants will receive one of two treatment conditions for hoarding.	Catherine Ayers, Ph.D. (858) 552-8585, x2976	Catherine Ayers, Ph.D., ABPP #101353
Psychology	Attention Control in Obsessive Compulsive Disorder	1/15/2012 - 12/15/2012	OCD diagnosis, ages 18- 65.	No monetary compensation; can receive summary of executive functioning assessments if interested.	Sadia Najimi (858) 552-8585, x5502	Catherine Ayers, Ph.D., Protocol #111612

