My HealtheVet—VA's Online Personal Health Record

My Health**e**Vet is VA's award-winning online Personal Health Record (PHR), located at www.myhealth.va.gov. It offers users anywhere, anytime access to health care information, resources, and tools online 24/7.

Register Today!
Start Here

1. Type www.myhealth.va.gov in the address bar on your web browser, and then select Enter.
2. When the My Health**e**Vet homepage opens, go to the green box in the right-hand column and select Register Today! Start Here.
3. When the registration page opens, complete all the information, and review and accept the Terms & Conditions and the Privacy Policy for using the My Health**e**Vet website. Then select the Save button at the bottom of the page.
4. After you have registered, go to www.myhealth.va.gov again. Then select the Go to My Health**e**Vet Enter Here button at the top right corner of the page.
5. When the My Health**e**Vet homepage opens, enter your *User ID* and *Password* in the Member Login box found in the right-hand column, and select Login. After you login on the My Health**e**Vet homepage, check your Profile to be sure you are registered as a VA Patient. Bookmark www.myhealth.va.gov for future use.

VA Allergies and Adverse Reactions

*Easy Online Access with MyHealth**e**Vet*

VA Allergies and Adverse Reactions is a new feature on My Health**e**Vet that simplifies managing your health care.

VA Allergies and Adverse Reactions on My HealtheVet makes it easy to:

- View and print your self-entered allergies and reactions and **VA Allergies and Adverse Reactions** from your VA electronic health record
- Download and save your information with VA Blue Button
- Access your **VA Allergies and Adverse Reactions** information anytime and anywhere you have Internet access
- Share your **VA Allergies and Adverse Reactions** information with your health care team, caregivers, family members and trusted others
- Manage your health care and reduce risks of allergic and adverse reactions

My HealtheVet VA Allergies and Adverse Reactions is available to Veterans who:

- Are enrolled at a VA health care facility
- Are registered My Health**e**Vet users
- Have an upgraded account*

*To get an upgraded account, you must complete the In-Person Authentication process or "IPA." For more information, go to the My Health**e**Vet homepage, select In-Person Authentication under Quick Links and follow the prompts.

For questions, contact a My Health**e**Vet Coordinator at your VA health care facility.